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St. Mary's County Times

THURSDAY, JANUARY 9, 2020

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Rising to the Challenge

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WEEKLY FORECAST

Thu 1/9	Fri 1/10	Sat 1/11	Sun 1/12
39° 31°F	57° 47°F	66° 60°F	62° 40°F
Mostly Sunny	Cloudy	Cloudy	AM Showers
Mon 1/13	Tue 1/14	Wed 1/15	Thu 1/16
54° 45°F	58° 41°F	54° 44°F	51° 36°F
Showers	Showers	Partly Cloudy	Showers

County Times

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Residential, Commercial Property Assessments Rise

By Guy Leonard
Staff Writer

The state's Department of Assessments and Taxation reported recently that the second tier of residential and commercial properties reassessed over the past three years, 769,668 in all, grew in value by 8.9 percent.

Elected officials in St. Mary's County said that meant higher property tax bills were on the way.

Commissioner President James "Randy" Guy said his property assessment increase was almost as high as the state's pronouncement.

"Be ready," Guy said near the end of the Tuesday Commissioners of St. Mary's County meeting. "My property assessment went up 8.8 percent."

"It may be a good revenue source for us but, that's a big increase."

The latest reassessments show that residential property values grew by 6.6 percent over the past three years in St. Mary's, commercial property assessments grew by 10.9 percent.

The total combined increase for residential and commercial properties increased by 6.9 percent over the last assessment in 2017.

Michael Degen, local supervisor for the assessments office, said the property values for the 2nd, 3rd, 6th, and 9th election districts have increased steadily.

"It's stable," Degen said. "It's not skyrocketing."

Waterfront properties along creeks and tributaries did experience a steeper increase in assessments, though, relative to other residential properties, Degen said.



In Maryland there are more than two million property accounts that are separated into three groups, each of which are assessed every three years.

The second tier of reassessments, known as Group 2, comprises the central portion of the county.

Though the county can expect an increase in property tax revenue, the county has a property tax cap of 3 percent on how much property tax bills can increase each year.

Commissioner Mike Hewitt made that point at the Tuesday meeting; commissioners could still change

that cap during the budget process for the next fiscal year.

The state caps the increase in assessments at no greater than 10 percent each year.

Increases in property tax assessments can be appealed to the Maryland Department of Assessments and Taxation within 30 days of being informed of the increase.

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Health Officer Warns on Flu Season

By Guy Leonard
Staff Writer

The county's top health official said Tuesday that this year's flu season is looking to be just as bad as last year's flu season.

During her latest briefing before the Commissioners of St. Mary's County, sitting as the Board of Health, County Health Officer Dr. Meena Brewster said flu vaccinations are still available either at the health department, for children, and local pharmacies.

"It's never too late to get the flu shot," Brewster said.

Based on the number of people who have been admitted to regional emergency rooms, she said, the flu season will likely be a severe one.

"It's still a pretty tough season," Brewster said. "It's projecting out to be similar to last season which was one of the worst flu seasons in decades."

Brewster advised that adults should also seek vaccinations

at their primary physician's practice; while not all pharmacies offered vaccinations for children.

This is the middle of the flu season, Brewster said.

"Vaccination is still a primary strategy to avoid getting the flu," she said. "There are people who do get the flu despite being vaccinated but in those individuals the flu is often less severe."

"There are fewer complications like pneumonia and even fatalities."

Commissioner President James "Randy" Guy said: "I get mine every year and I think it works."

Guy said anyone over 65 years of age and on Medicare could go to any pharmacy and get a flu shot at no cost.

"The majority of health insurance [plans] will cover it completely when individuals go to a pharmacy," Brewster said.

guyleonard@countytimes.net

St. Mary's Man Petition's High Court on Gun Rights

By Guy Leonard
Staff Writer

A Mechanicsville resident, the Maryland State Rifle and Pistol Association (MSRPA) and almost half the attorneys general in the United States are part of a petition currently before the Supreme Court seeking judicial review of Maryland's restrictive concealed carry law.

Brian Malpasso, who has been in many courts over the years challenging Maryland's gun laws, is joined by 21 attorney's general from across the country who are seeking to challenge the "good and substantial reason" policy the Maryland State Police use to determine which applications for a concealed carry permit they will grant.

Concealed carry permits for handguns are available in Maryland but who is allowed to have one is up to the superintendent of the state police is deemed to have a good and substantial reason to have one.

Col. William Palozzi is named as the main defendant

in the writ of certiorari before the High Court, the attorneys general have offered their opinions as par of amici curiae, or friends of the court, briefs.

The amici curiae brief says that 41 states have adopted shall issue policies for law abiding citizens to get their concealed carry handgun permits; they argue that carry of a firearm outside the home is protected by the Second Amendment.

"A handful of states have departed from this nationwide consensus," the brief states. "They limit the exercise of this fundamental right to only the rare citizen who can prove to a bureaucrat's satisfaction that she needs to bear a handgun outside the home."

"These states rely on concerns about public safety to justify their restrictions. But the amici states have the same interest in protecting their citizens and they do so without extinguishing their citizens' rights."

The good and substantial clause has been struck down by one court but was later upheld on appeal.

Attorney General Brian Frosh has filed briefs in opposition to the petition for judicial review, claiming that the state allows citizens to wear, carry and transport a handgun in public in a number of instances including hunting, target shooting and military events without a permit.

"With a permit, it allows the wearing, carrying, or transporting of a handgun in public places by a lawful owner who has a good and substantial reason for doing so, including to provide protection from apprehended danger," Frosh's brief states. "[H]istorically, Maryland's Department of State Police has granted more than 90 percent of applications seeking a permit to publicly wear, carry, or transport a handgun for protection against apprehended danger."

"What petitioners really seek from this Court is a ruling that they have an absolute right to carry a handgun in public."

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KEYNOTE ADDRESS BY:
Dr. Jason Johnson
(professor, political analyst)

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Park Hall Man Charged with Murder, Manslaughter

By Guy Leonard
Staff Writer

An 18-year-old man is being held without bond at the St. Mary's County detention center after he allegedly shot and killed his friend Jan. 3 at his home on Point Lookout Road.

Brian Chaney, of Park Hall, faces second-degree murder and manslaughter charges in the death of Jordan Sullivan, 24.

According to an application for a statement of charges filed in county District Court, after the shooting Chaney told deputies that Sullivan had come over to his house to "hang out" and while the victim was there Chaney began to play with a handgun while both were in the kitchen of Chaney's apartment.

Chaney told police that he had unloaded the handgun, a revolver that had a six-shot capacity, before he started playing with it, charging documents stated, though he told police that he had a total of seven rounds for the revolver.

Chaney was sitting down while he was playing with the revolver, charging documents stated, and Sullivan was standing in front of him.

"[Chaney] counted six bullets on the table and he believed the gun to be empty," charging documents read. "He began to pull the trigger.

"He pulled the trigger three times, the first two times nothing happened; the third time the gun went off."

After the gun fired, Sullivan told Chaney that he had just shot him, court papers stated, and the victim lifted his shirt to reveal the gunshot wound he had sustained in his chest.

"The victim walked into the living room and collapsed on the floor," charging documents stated.



Chaney

ing documents stated.

Chaney, court papers stated, attempted to help his friend and called 911 to report the shooting; during the emergency call deputies said they heard Chaney tell someone else inside the home that he had just shot the victim.

Capt. Edward Willenborg, head of the sheriff's office Criminal Investigation Division, said the investigation was continuing and an autopsy confirmed that Sullivan's cause of death was a single gunshot wound to the chest.

The weapon was a .22 caliber revolver, Willenborg said.

Willenborg said that, according to witnesses, the victim and shooter "were very good friends."

guyleonard@countytimes.net

LEGALS

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COMMISSIONERS OF LEONARDTOWN REQUEST FOR BIDS PRINTING OF LEONARDTOWN BEACON NEWSLETTERS

The Commissioners of Leonardtown are currently accepting bids to perform design and printing of the Leonardtown Beacon newsletter. The Beacon will be produced three times per year. This will be a one-year contract with two (2) one-year options.

Interested bidders should obtain bid materials from the Town office, located at 22670 Washington Street, Leonardtown, MD or by calling 301-475-9791, between the hours of 8:30 a.m. and 4:30 p.m.

Sealed bids will be accepted until 4:00 p.m., Friday, January 24, 2020 at which time they will be publicly opened and read.

The Commissioners of Leonardtown reserve the right to reject any and all bids and proposals, and to accept any proposal deemed to be in the best interest of the Town.

By Authority:
Laschelle McKay
Town Administrator

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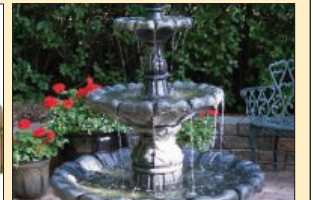
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Commissioners Approve More Money For Rogers Drive Project



Commissioners voted to help fund the extension of Rogers Drive to connect with Willows Road

By Guy Leonard
Staff Writer

A project proposed in 2016 and designed to provide a through road for the Colony Square community in Lexington Park received a boost in county funding Tuesday to get the project moving.

The aim is to connect Rogers Drive, which crosses over Missouri Avenue in the Colony Square neighborhood to Willows Road to allow for outflow of traffic in the community, it also acts as a means of crime reduction, project overseers have said, and this aspect of the project allowed it to be funded by a state-provided community development block grant.

But bids to complete the work there came in overbudget and the Commissioners of St. Mary's County, by a 3-to-2 vote, approved the use of \$150,000 from their emergency reserve to be used towards the project.

Commissioners Eric Colvin and John O'Connor voted against the measure, while Commissioner President James "Randy" Guy and Commissioners Mike Hewitt and Todd Morgan cast affirmative votes.

Those in support seemed to do so reluctantly and in the interests of getting the project done before the end of the year.

"It stinks but we've got to get it done," Morgan said.

The reason the lowest bidder's costs went over budget, according to county

staff, was that they had to meet federal pay guidelines for such a small project and their unwillingness to leave equipment on site.

The project is run by the Community Development Corporation (CDC) with oversight from the county Department of Human Services.

Chair of the CDC board, Pat Mudd, told commissioners that their attempts to get additional funding from the state were declined until they sought monies from the local government.

The Colony Square neighborhood is plagued by blight and crime and the construction company worried over damage that could be done to equipment if left overnight, Mudd said.

The CDC has already put \$100,000 towards the work, while the block grant provided about \$340,000; CDC director Vicki Volk said the bid still came in over budget.

O'Connor questioned the idea that the CDC could not control whether the construction company left equipment at the site.

He said construction equipment was left in communities in Prince George's County with a crime rate four times than found in Lexington Park.

"You could just rebid it or tell them 'no,'" O'Connor said. "For them to say that, they're just trying to get extra money out of the contract."

guyleonard@countytimes.net

Health Department Focuses on Childhood Trauma to Avert Opioid Addiction

By Guy Leonard
Staff Writer

County Health Officer Dr. Meena Brewster told county commissioners Jan. 7 that opioid deaths in St. Mary's have already likely matched those of last year, 27 in all, though those numbers could fluctuate as the last of the data is analyzed and confirmed by the state's medical examiner's office.

The current count from law enforcement, both the sheriff's office and state police, posted at the Leonardtown Barrack, is 32 fatalities from opioid overdoses.

Brewster said efforts to curb the opioid crisis are now ranging more towards addressing childhood trauma, which can lead to drug abuse and dependency later in life.

"While our goals remain the same we have many strategies ... to adapt to what is evolving in this epidemic," Brewster told the Commissioners of St. Mary's County at their Tuesday meeting.

Along with dealing with adverse childhood experiences

(ACE) the schools are involved with behavioral counseling and crisis intervention for students and a new program called Strong Beginnings is focused on providing care and treatment of young mothers who are dealing with substance abuse.

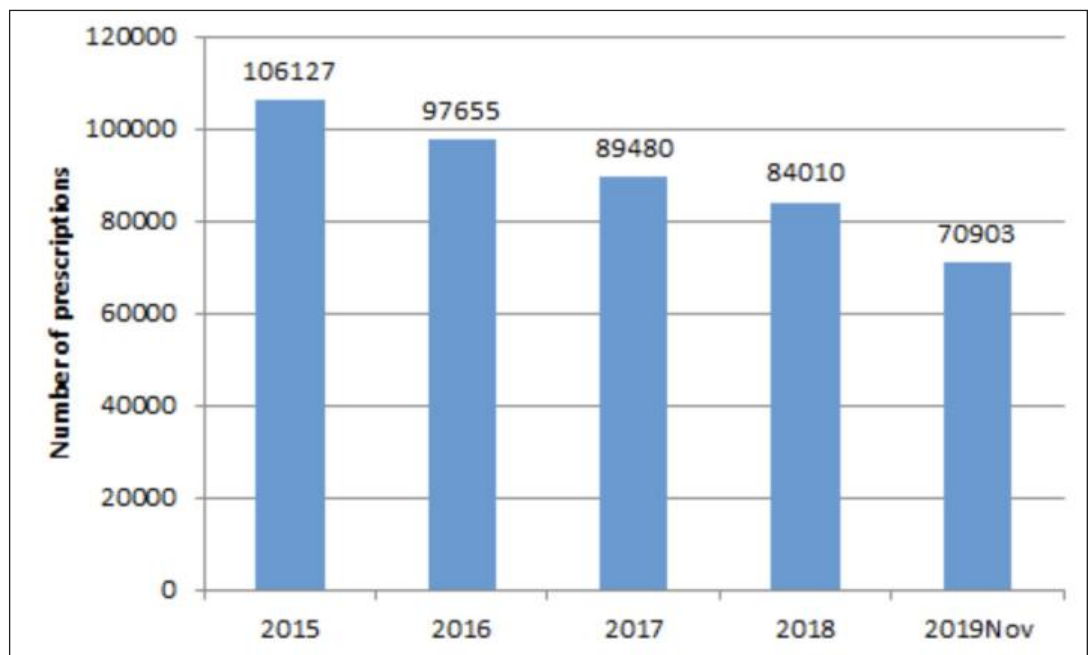
"What we're really working on right now is we've gathered an advisory group on this topic," Brewster said. "They're going through strategic planning right now and assessing the data available to us."

"It's... to help us identify what we can do collaboratively."

The effort focuses on finding ways to avoid ACEs or provide counseling and care for those who suffer from the problem, Brewster said.

Brewster said the Strong Beginnings program resulted from health officials seeing children being born who were "substance exposed."

"We needed to give additional care coordination to those women who are using substances during their pregnancy or could be using substances during their pregnancy," Brewster said of the CareFirst grant-



funded initiative.

This effort includes substance-dependent mothers getting connected to treatment, Brewster said.

The school-based behavioral health program has seven clinicians operating in high schools, middle schools and the Fairlead Academies to help prevent substance abuse-related or other

kinds of crises, which includes follow-up visits with students after hospitalizations and risk assessments for dangerous behavior.

"There have already been more than 300 students served by this program," Brewster said.

While the county continues to grapple with the opioid cri-

sis, the number of prescriptions have dropped off significantly since 2015, when more than 106,000 were filled here.

The number for 2019 has dropped to 70,903 prescriptions, according to the latest data.

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Long Range Transportation Planning Open House to be Held January 16

The Calvert-St. Mary's Metropolitan Planning Organization (C-SMMPO) is holding a Public Open House Thursday, Jan. 16, 2020, from 2 p.m. – 7 p.m. in Room A/B of the Lexington Park Library located at 21677 FDR Boulevard, Lexington Park, MD.

The purpose of the Open House is to gather feedback on the draft regional Long-Range Transportation Plan (LRTP) currently being developed. Information gathered will aid in establishing regional transportation investment priorities over the next 25 years. The draft LRTP report will be available online beginning Jan. 9, 2020 and can be obtained here: <https://www.calvert-stmarysmpo.com/>.

During the Open House, there will be informative presentations held at 3 p.m., 4:30 p.m. and 6 p.m. and questions from the public are welcomed and encouraged. Refreshments for all and coloring activities for children will be provided.

Any reasonable accommodation for persons with disabilities should be requested by contacting Ben Cohen at 301-475-4200, ext. 71505 or ben.cohen@stmarysmd.com.

For additional information regarding this regional Long-Range Transportation Plan, please contact Kwasi Bosompem, Senior Planner, Department of Land Use and Growth Management at 301-475-4200, ext. 71507 or email Kwasi.Bosompem@stmarysmd.com.

St. Mary's County Government Press Release

Sterling Promoted to Deputy State's Attorney

The St. Mary's County State's Attorney's Office announces the promotion of Senior Assistant State's Attorney and Chief of Staff Jaymi Sterling to Deputy State's Attorney. Ms. Sterling will continue to oversee the administrative responsibilities for the office, including appearing before the County Commissioners on behalf of the State's Attorney. She will retain her felony caseload consisting of violent felonies and overdose death homicide cases. Ms. Sterling will further remain on the executive team as Deputy State's Attorney along with Senior Deputy State's Attorney Ted Weiner, who is the managing attorney for the State's Attorney's Office.

Ms. Sterling is a veteran prosecutor serving the public for over a decade. She received her juris doctorate from the University of Maryland, School of Law after graduating from the University of Michigan with a degree in political science. Upon graduation from law school, Ms. Sterling was selected for a prestigious federal clerkship to serve as a law clerk to the Honorable Alexander Williams, Jr. of the United States District Court for the District of

Maryland. Prior to the federal clerkship, Ms. Sterling served as an Asper Fellow to the Honorable Glenn T. Harrell, Jr. for the State's highest court, the Court of Appeals of Maryland.

Ms. Sterling has previously served as a Special Assistant United States Attorney (SAUSA) with the United States Attorney's Office. She is an active member of the Maryland State Bar Association and the Maryland State's Attorney's Association's Legislative Committee. Ms. Sterling often testifies in front of the Maryland General Assembly advocating for stronger laws to protect our community and victims' rights. She was recently awarded the "Law Enforcement Office of the Year" for the State's Attorney's Office in addition to being named one of Maryland's "Leading Women" by The Daily Record.

Ms. Sterling is the president of the St. Mary's County Bar Association, serves on multiple boards for non-profit organizations, including the St. Mary's County Shop with a Cop, Inc' and serves as a strong advocate for the Special Olympics and the United



Jaymi Sterling

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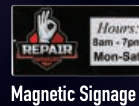
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Search on for Missing Mechanicsville Man

St. Mary's County Sheriff's Office seeks your help in locating a missing "at risk" person: Ryan Nicholas Cherrico, 29, white male.

Last seen: Mechanicsville, 01/06/20.

If you have information that can assist in helping safely locate Ryan Cherrico, please call 911 or contact the police.

St. Mary's County Sheriff's Office



Ryan Cherrico

Sheriff's Office Crime Report

Robbery- On December 31 deputies responded to the 20200 block of Piney Point Road in Callaway, for the reported robbery. A witness reported a male brandished a knife and demanded money. The individual, later identified as **Rex Douglas Reece Jr., 48** of Leonard-



town, left in a vehicle and was quickly located in the area and taken into custody. Reece was charged with Robbery, Armed Robbery, and Assault 1st Degree. Arrest handled by Det. Sidorowicz# 328.

False Statement/Fraud- On December 31Cpl. Tirpak conducted a vehicle stop in the 21400 block of Great Mills Road in Lexington Park. The operator of the vehicle provided Cpl. Tirpak with a false name, and numerous attempts were made to positively identify the operator with negative results. The operator was taken into custody and later determined to

be **Gerardo Olgin Hernandez, 31** of Park Hall.



Hernandez was charged with Fraud-Person Identity to Avoid Prosecution, Obstructing and Hinder-ing, and False Statement to Officer.

Assault- On January 1DFC. Ball responded to the 46000 block of Gooseneck Drive in Lexington Park, for the reported assault. Investigation determined **Ricky Lee Mackall, 37** of Lex-



ington Park, and the vic-tim were involved in an argument. During the argu-ment, Mackall grabbed the victim by the hair and struck the victim in the face, causing visible inju-ry. Mackall was arrested

and charged with Assault 2nd Degree.

Property Destruction/Resisting Arrest- On January 1Dep. Luffey responded to the 46100 block of Leesa Court in Lexington Park, for the reported disturbance. In-vestigation determined **Tykane Shiheim Bris-coe, 24** of no fixed ad-



dress, began causing a disturbance at the resi-dence, and during the in-cident damaged a door at the residence, by kicking the door. Briscoe was un-cooperative with deputies on the scene and began causing another distur-bance outside. Briscoe was taken into custody, at which time he pulled away from deputies and refused to be seated in the patrol vehicle and contin-ued to yell at witnesses on scene. Briscoe was charged with Malicious Destruction to Property, Resist/Interfere with Ar-rest, and Disturbing the Peace/Disorderly.

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Three Newborns Start 2020 Off Right



The new decade is off to an exciting start for several local families! Pictured are three of the first newborns welcomed at MedStar St. Mary's Hospital in 2020, all arriving within hours of each other on Jan. 1. The infants are joined by Arthur Greenwood, MD, OB/GYN at MedStar Medical Group

Women's Health at Leonardtown, and our dedicated team in the Women's Health & Family Birthing Center. Join us in offering best wishes to the Dolesh, Ferrall, and Sostre families!

MedStar St. Mary's Press Release

A "New Year, New You" Celebration!



McKenna Randall Acoustic

A big thank you to all who joined us on January 3rd to welcome in 2020! A little bit of rain didn't stop the First Friday crowd from coming out for live music and entertainment, opening receptions and workshops at the art studios, and one-evening only specials at the shops and restaurants. (Pictured is McKenna Randall who performed an amazing acoustic show at The Rex, photo by Jeremy Scarbrough.)

Save the date for our next monthly event with the theme of "Lovin' Leonardtown" scheduled for February 7th, 2020 from 5-8 PM. Special events and activities are in the works and will be announced soon on the Leonardtown First Fridays Facebook page. The audience participation Drum Circle with the

SoMar Drummers, which takes a hiatus for the month of January, will be continuing for the rest of the year on Feb. 7th from 7-8 PM at the Town Hall.

A note of appreciation to the Town of Leonardtown, the Commissioners of Leonardtown, LBA business members, the SoMar Drummers, the First Friday volunteers, and Leonardtown Business Association Platinum Sponsors (The County Times, Leonardtown Chevy Buick GMC, Marrick Homes, Quality Built Homes, and Visit St. Mary's) who all helped to make this yet another wonderful community event!

Submitted by the Leonardtown Business Association

Leadership Southern Maryland Selects Class of 2020

The Leadership Southern Maryland (LSM) Board of Directors is pleased to announce the selection of 24 Southern Maryland professionals for its inaugural Emerging Leaders Program (LEAP) - the Class of 2020.

From Calvert County

- Maile Bowen, integrated logistics support manager, Manned Transportable Robotics Systems for Naval Surface Warfare Center Indian Head EOD Technology Division
- Bailey Casselman, general manager for Cherry Cove/Home2Suites by Hilton, Lexington Park
- Ashley Greely, business retention analyst for Calvert County Department of Economic Development
- Juree Greer, cybersecurity analyst for Technology Security Associates, Inc.
- Ronald Marney, rural planner III for Calvert County Department of Planning & Zoning
- Julie Mashino, family network coordinator for Calvert County Local Management Board
- Letita Pinkney, lead career counselor for Tri-County Council for Southern Maryland
- Randall Utz, realtor for Berkshire Hathaway HomeServices McNelis Group Properties/VR Group LLC

From Charles County

- Nicole Brien, wealth management associate for the Rosenfield Group at Morgan Stanley
- Marc Collazo, lead internal affairs officer for Blueline Security Services

From St. Mary's County

- Rebecca Clements, operations research analyst for NAVAIR Small Business Innovation Research (SBIR) Program Office
- Andrew D. Fisher, operations research analyst for NAWCAD Strategic Acquisition Team
- Lawrence Forte, junior analyst for WBB, Inc.
- Hillary Tess Goldwasser, assistant branch manager, youth services for St. Mary's County Library
- John Sterling Houser, associate attorney for The Law Offices of Baldwin, Briscoe & Steinmetz, P.C.
- Basia Kenney, team lead, Architecture Management Integration Environment and the Common Development Environment for NAWCAD
- Derek Kitchen, systems engineer for DCS Corporation
- Phillip Melton, electrical engineer for Naval Surface Warfare Center Indian Head EOD Technology Division
- Danielle Moulds, engineering psychologist for NAVAIR Small Business Innovation Research (SBIR) Program Office



- Ashley Raley, performance & quality specialist for Tri-County Council for Southern Maryland
- Brady Spatola, engineer for MIL Corp.
- Lauren Y. Zimmerman, winemaker for Port of Leonardtown Winery

From Baltimore County; however, works in Calvert County

- Joseph Denton, grounds supervisor for Calvert County Buildings & Grounds

From Prince George's County; however, works in St. Mary's County

- Destiny Allen, economic development specialist for St. Mary's County Department of Economic Development

Leadership Southern Maryland's Emerging Leaders Program (LEAP) provides educational programming opportunities to new or emerging leaders in our region. Through a series of six "experiences", young leaders will facilitate, foster, and refine their individual leadership understanding and abilities via structured course curriculum and a focus on self-discovery, teamwork, and networking. These sessions will conclude with a capstone project and graduation in June. Experts from across the region and state representing business, government, education, and the non-profit community will serve as panelists and guest speakers. "It's very exciting to see this program launch and the idea of helping new leaders grow their skills is very rewarding," said Tom Jones, LEAP chair and 2019 LSM graduate. "It's important that we invest our time into expanding our communities' leaders and I'm confident LEAP will be a great asset."

Founded in 2008, LSM has successfully graduated over 350 regional leaders from its Executive Program. LSM is an independent, educational leadership development organization designed to broaden the knowledge base of public and private sector executives and emerging leaders. Leadership Southern Maryland is a 501(c)3 nonprofit organization.

Press Release from LSM

Celebrating 10 years of Pulmonary & Cardiac Rehabilitation Services in St. Mary's County

The holidays may be over, but MedStar St. Mary's Hospital is still celebrating. January marks the 10th anniversary of the opening of the hospital's Grace Anne Dorney Pulmonary & Cardiac Rehabilitation Center. A special open house will be held Friday, Jan. 10, to commemorate the occasion and the public is invited to attend the event which will be held from 7 to 9 a.m. and from 3 to 5 p.m. The center is located inside the front entrance of the hospital just off the main lobby.

The Grace Anne Dorney Pulmonary & Cardiac Rehabilitation Center was opened on Jan. 8, 2010 and was funded by a gift from former ABC News "Nightline" anchor Ted Koppel in honor of his wife, Grace Anne Dorney Koppel. Grace Anne was diagnosed with Chronic Obstructive Pulmonary Disease (COPD) in 2001 and was only given a few years to live. Thanks to pulmonary rehabilitation, Grace Anne has lived with and managed her condition for 18 years and has been active as an advocate and spokesperson for COPD ever since.

"When I was diagnosed and given really what I thought was a very short time to live, there was not much hope offered to patients," said Grace Anne, "but I was fortunate that I did have a script for pulmonary rehab. When I graduated, I realized that I could maintain a good life, I could travel, I could work, I could do all the things I wanted to do, but others didn't have this opportunity."

Since the center opened at MedStar St. Mary's Hospital, the Dorney-Koppel Foundation has opened 12 centers in various locations across the country and is working on opening a 13th center this year at MedStar Georgetown University Hospital. The Koppels had initially planned to open centers in rural areas but have since discovered that some urban areas lack resources as well.

"We are making an exception for DC because the need is great and there is not one single pulmonary rehab center in the District of Columbia, in our national's capital," said Grace Anne. "People from DC have to go to Maryland, and it is outrageous to think there are people who are suffering and who can't breathe, and are expected to make a trip like that."

"In rural America 8.2 percent of the population is diagnosed with COPD. It is double the rate that it is in metropolitan America and the resources are far fewer in rural America. So rural America is still the area where we can make the most progress because there is the most need. But this really shouldn't exclude other areas that need our help as well."

The Grace Anne Dorney Pulmonary & Cardiac Rehabilitation Center at MedStar St. Mary's Hospital provides pulmonary and cardiac rehabilitation services designed to limit the effects of illness, prevent future recurrences or medical complications, and maximize the ability to participate in daily tasks. Rehabilitation

may help individuals improve energy for tasks such as dressing and bathing, walking to the mailbox, shopping at the local store, or dining out with friends and family. The focus is on rebuilding a patient's strength and endurance to safely resume life's demands, whether that is returning to work or his or her favorite hobby. Since it opened in 2001, the center has helped more than 1,700 patients with emphysema, chronic bronchitis, COPD, asthma or other lung conditions, and cardiac conditions such as a heart attack or cardiac surgery.

"We tend to feel out of control when we are diagnosed with this disease," said Grace Anne. "Taking pulmonary or cardiac rehab empowers people to take charge of their own lives so that they know what to do if they notice changes in their own breathing and they recognize the value of exercise, nutrition, and knowledge of the disease. It is a win-win situation, both for the therapist who works with them and for the patients who learn how to be in charge again."

Visit MedStartStMarys.org/GADC to learn more about the Grace Anne Dorney Pulmonary & Cardiac Rehabilitation Center or visit the open house on Jan. 10 to meet the staff, take a tour of the center, and participate in activities related to cardiopulmonary health.

MedStar St. Mary's Health

2020 BECA Scholarship Fair and Common Application



St. Mary's County Business, Education and Community Alliance (BECA) will host the 2020 Scholarship Fair on Tuesday, January 21, 2020 from 4:00 pm to 6:30 pm at the Dr. James A. Forrest Career and Technology Center in Leonardtown (inclement weather date is January 28). Students, parents, guardians, and others seeking financial assistance for college are invited to meet the local scholarship providers and learn more about their individual offerings. Other colleges and organizations will also have representatives there. Information sessions will be held on financial aid and completing the common application.

The 2020 Common Scholarship Application is available online at www.smcbeca.org and is due February 18, 2020. More than 50 scholarships, several with multiple awards and valued at about \$250,000 are offered by local businesses, civic organizations, nonprofits or individuals for students residing in or attending school in St. Mary's County or Southern Maryland. Please check the BECA common application for specific eligibility criteria. BECA strongly suggests students to begin the FAFSA and BECA application now.

For more information about BECA and the Common Scholarship Application please contact Bob Schaller or Mark Smith at smcbeca@gmail.com or 240-257-2322.

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By Guy Leonard
 Staff Writer

Leonardtown Volunteer Rescue Squad (LVRS) has been providing emergency medical services to the county seat and beyond for nearly 50 years but the leadership and members there realize they must adapt to changing times.

LVRS is one of the busiest in the county, responding to about 2,800 calls a year, according to Chief Kevin Steckowski.

One of the central problems they face is much the same as other volunteer rescue squads, a larger population and fewer primary care doctors for residents to seek prompt medical care.

"The volumes, especially during the daytime have gone up tremendously," Steckowski said.

Company President Peter "Rocky" Woodburn said many of the calls they receive are people seeking care who don't have a primary care doctor of their own.

"It's easier to pick up the phone to get an ambulance than to get a doctor's appointment," Woodburn, a 46-year veteran of the EMS community said. "There's an old thought that if they come in by ambulance they'll be seen quicker."

But that logic can falter, Steckowski and Woodburn said, since all patients coming into the emergency room at MedStar St. Mary's Hospital must go through a triage process.

"We'll put a person in the waiting room after they go through triage," Steckowski said.

As the population in the county grows, particularly in Leonardtown, which is one of the county's growth development districts, greater numbers of new residents are not familiar with the nature of volunteer fire and EMS companies in St. Mary's.

"A lot of people coming into the county, whether from urban areas or even rural areas where fire and EMS are combined, come from areas where they pay for service," Steckowski said. "We don't."

The misunderstanding goes to the importance that the community continue to support their local fire companies and rescue squads; both receive some tax money, but that amount does not cover their complete costs of operation, they said.

"They assume their tax money is paying for it," Woodburn said. "It is and it isn't."

Though getting all the resources they need is a recurring challenge, in recent years things have improved at LVRS on several levels.

While most rescue squads around St. Mary's continually struggle to get new recruits, often to help take the burden off of aging members who must continually answer calls for service, the Leonardtown rescue company has come into a group of new recruits both young and in their later years.

"We've been blessed with retirees who've shown an interest in giving back," Woodburn said.

"And we have some younger people who are available," Steckowski.

Whereas in prior years the company would struggle, like many other rescue squads, to get volunteers out during the daytime to answer calls, the situation has reversed recently for the Leonardtown rescue volunteers.

Now there are days when they have three full crews of volunteers who can run calls out of their headquarters on Lawrence Avenue.

"That was unheard of just two years ago," Woodburn said.

Both Steckowski and Woodburn say there are about 35 to 40 members who comprise the corps of personnel that can be counted on to continually run emergency calls.

With the influx of new members their ability to answer daytime calls has significantly increased, Steckowski and Woodburn said.


In recent years the LVRS scratch rate, the times they could not muster volunteers to answer a call, was as high as 25 to 30 percent they said.

"As of last month we were down to just five percent," Steckowski said.

Several years ago, there were rumors members were considering pressing for abandoning the squad's home, but Woodburn said the members decided to modernize the facility and expand it, providing more space for meals, relaxation between emergency calls and training.


"The facility was in very poor shape," Woodburn said. "The chief's office was in a closet; you'd open the supply closet and things would fall down and hit you in the face."

Woodburn said the decision to stay was the right one for the community.




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“People were used to us being here,” Woodburn said. The renovation and expansion, as well as some recent purchases of new apparatus for the squad, were all part of careful financial planning, which is another improvement in the way the squad has done business, the chief and president said.

“The expansion, we didn’t borrow a dime,” Woodburn said. “Our auxiliary has been amazing, they are phenomenal.”

They said that in the last three years the auxiliary has been able to raise about \$55,000 a year and present a check to the squad.

The squad was able to pay for two new apparatus outright and quickly pay off the county loan for a third. Woodburn and Steckowski are confident in the squad’s financial standing.

“If we needed to replace an ambulance tomorrow, we could do it,” Woodburn said.

Much of that ability comes from their policy of buying only what they need, not always what every member would want, particularly on apparatus.

“We don’t need the Cadillac of Cadillacs,” Steckowski said.

The squad is also committed to maintaining and improving relationships with other EMS providers in the county, Steckowski and Woodburn said, to ensure that protocols and procedures for providing care are uniform across the county.

Monthly meetings of EMS chiefs help accomplish this, Steckowski said.

“It lets us all help each other,” the chief said. “It used to be that everybody had company pride, now we’re more of one big family.”

“In the great scheme of things, we’re all doing the same thing.”

As the county becomes more populous, and rescue squads get ever busier, residents are increasingly seeing ambulances from different sections of the county showing up at their homes to provide care.

Ensuring uniform quality of care only aids the public’s confidence in all EMS providers, they said.

“How we perform patient care needs to be uniform across the board,” Woodburn said. “We want to become [part of] a St. Mary’s County emergency care system.”

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A View From The **BLEACHERS**

A President, a Hooky and a Plastic Bag

By Ronald N. Guy Jr
Contributing Writer.

What in the world? On Jan. 2, recluse Dan Snyder either crawled out of his dark, subterranean hole and into the light of day or begrudgingly descended from his insulated ivory tower into the realm of peons – choose your perspective – to announce the hiring of Ron Rivera as Washington's new head football coach. The socially accomplished and endlessly lovable Snyder started the press conference by offering everyone a "Happy Thanksgiving".

Happy what?

Theories on the bizarre reference? Snyder loves Thanksgiving – turkey, stuffing, yams, cranberries, etc. – and fixates on it frequently. This is understandable. Another angle: He meant "Happy New Year" and the Thanksgiving mention was an honest error by a guy whose modest public speaking skills have further atrophied after years of strategic seclusion. That's probably the real answer. But my preferred theory? Snyder mixed up the NFL's annual "Black Monday" – the day after the regular season ends when numerous coaches and front office executives are fired – with "Black Friday" and "Cyber Monday," milestones synonymous with Thanksgiving.

Whatever the reason for the infamous Snyder-ism and awkward start to the Rivera era, the turn of the calendar always brings massive change in the NFL. Washington is just one of this year's NFL towns where unsuccessful regimes are getting whacked and change is creating uncertainty, excitement and hope. Officially, NFL stands for National Football League; unofficially, the acronym is sarcastically referred to as "Not For Long," a well-earned adaptation that perpetually looms over executives, coaches and players.

But the NFL, with its non-guaranteed contracts and structure supportive of quick turnarounds, is just the best example of sports' transience. Truth is, all professional sports teams ruthlessly cycle through players and coaches like mad chemists in some frenetic search for the magic (winning) formula. Down a level or two, eligibility limitations create recurring instability for college and high school teams. Similarly, age constraints make any experience in youth sports short-lived. It all comes and goes so quickly.

While that evidence concerning the rapid cycling of the sports world and athletic endeavors is factual, it is also metaphorical; I trust the faithful, veteran readers of bleacher views didn't miss broader reference to the pace and fluidity of, well, everything. And with that, we have reached the The Great Crescendo – the part when President Barack Obama, Ferris Bueller and a plastic bag meet in a sports article...

A convergence so odd it must be an introduction to a joke? Maybe, but for now it will stitch this meandering story together. First up, Bueller: Our favorite hooky, warned long ago that "Life moves pretty fast...if you don't stop and look around once in a while, you could miss it."

President Obama, broached despair with this: "The best way to not feel hopeless is to get up and do something. Don't wait for good things to happen to you."

Lastly, the plastic bag is from the movie "American Beauty." In a poignant scene, characters Ricky and Jane watch a video of an ordinary plastic shopping bag swirling in the wind. It remained airborne, whipping right and left, and up and down, depending on nature's whim. The bag appeared to dance to some magical, unpredictable and silent, but completely enrapturing beat.

Which is to say what about the speed of life? Well, a few things. That we all can and should occasionally press pause to absorb the fabulous madness (Bueller). That when the relentless pace threatens or derails progress, we must find the internal energy to move forward, to persevere, even if the direction is unsure and the destination unknown (Obama). And finally, that we are all tossing in the wind – operating with an uncomfortable (and unacknowledged?) lack of control – but that there are benevolent forces in the world to guide and that sometimes life's most beautiful aspects are found in its perpetual motion and unpredictability (plastic bag).

I'll now look forward to President Obama's feedback that a Commander in Chief has never been so honored by an association with a disobedient high schooler and a plastic bag. What? He's an avid reader. There's a chance he reads "The County Times."

Send comments to
RonaldGuyJr@gmail.com

Professor Michael Cain Continues Work with USAID's Power Africa Program in Uganda

Michael Cain, professor of political science at St. Mary's College of Maryland, has been working with USAID's Power Africa program

in Uganda. Power Africa is a U.S. government-led partnership coordinated by USAID.

Cain is a senior adviser to the Uganda project,

working on activities to improve on-grid and off-grid electrification efforts including building capacity of solar associations, providing technical direc-

tion for on-grid tasks with distribution companies, assisting the Power Africa grant evaluations to small energy companies.

This spring, he teaches

a related class on energy and international development.

*St. Mary's College
Press Release*



Michael Cain

Carolina Blue to Make First Area Appearance Album Makes Top 5 Billboard Debut

The 15th year of the Bluegrass concerts at the American Legion Post 238 in Hughesville will kick off 2020 with Carolina Blue on Sunday January 19th. Host and promoter, Jay Armsworthy has put together a series of some of the top names in Bluegrass music. Partnering with the Sons of the American Legion, the Legion Post 238 is located on the corner of MD Rt. 381 & 231 in Hughesville. Doors open at noon and the show starts at 2 p.m. Tickets are \$20 per person and children under 12 are admitted free with a paying adult.

A 12-year overnight success was discovered just three years ago when Carolina Blue was playing local restaurants around their hometown of Chapel Hill, N.C. Since that time they have had shows all over the country, playing festivals and venues that they only dreamed about. By the glory of God they have turned their hobby into a career.

Bobby Powell and Tim Jones co-founded Carolina Blue in 2007. Their latest album, "I Hear Bluegrass Calling Me", has created a buzz within the bluegrass industry. The highlight of the band's success thus far came in 2019 when the International Bluegrass Music Association (IBMA) nominated them for three awards: New Artist of the Year, Album of the Year, and Instrumental Recording of the Year.

What makes Carolina Blue's music stand out from many other bands? Seventy-five percent of their show is original tunes. Their mission statement is to present Bluegrass music like Bill Monroe intended it to be without being a Bill Monroe cover band that is by far, their biggest influence. There's a lot of heavy fiddlin' and mandolin work. They do a lot more three-part harmony than Monroe, but they also include some Bluegrass gospel quartet tunes with just mandolin, guitar, and four-part singing. You will find that Carolina Blue likes to engage with the audience immediately... they love to interact with them through questions, ask them to sing along and things like that.

Powell (guitar and vocals) and Jones (mandolin and vocals), along with James McDowell (banjo and vocals), Reese Combs (upright bass and vocals), and



Carolina Blue

Aynsley Porchak (fiddle, recipient of the 2018 IBMA Momentum Instrumentalist Award), are on the same page when it comes to music and lifestyle. They are all conservative Christians and they reflect that as a band, too.

One thing you will notice immediately is how the band dresses. Porchak's attractive headwear is a throwback to the 40s and 50s. Not to be outdone, the male members of the band have taken to that periodic style of dress with ties and hats to match. With respect to their audience, dressing nicely was an influence from their mentors in North Carolina, Roy

Chapman and Joe Byers, who taught them to try to dress better than the folks who are paying money to see you.

And the name; a bluegrass band from the state of North Carolina and they love traditional Bluegrass music, hence Carolina Blue. They're proud to represent their home state.

There will be food and beverages available for a separate price. To order tickets in advance, send check or money order to Jay Armsworthy, P.O. Box 741, California, MD 20619. Tickets will be held at the door. Although not required, non-perishable food donations are ac-

cepted for the Helping Hands Food Pantry. For more information, go to www.americanlegionbluegrass.com or call 301-737-3004.

The next shows in the series will be: February 16, 2020. Returning again with his traditional sound, Joe Mullins & the Radio Ramblers. On March 22 will be the Bluegrass group of side pickers, Sideline; and April 5 closing out the series is a fairly new group, Seth Mulder & Midnight Run.

Press Release from Jay Armsworthy



PATUXENT RIVER NAVAL AIR STATION

News

More V-22s on Flight Line Lands DoD Award for NAVAIR Employee

Naval Air Systems Command (NAVAIR) Program Support Manager (PSM) Darrell White was recently named the 2019 Office of the Secretary of Defense for Acquisition and Sustainment PSM of the Year (Major Defense Acquisition Program, Acquisition Category I) for successfully increasing the number of mission-capable V-22 Ospreys available to the fleet.

“This award recognizes PSMs as key leaders in providing the very best product support for our Soldiers, Sailors, Airmen and Marines,” stated Undersecretary of Defense for Acquisition and Sustainment Ellen Lord in White’s congratulatory letter. “The award furthers the Defense Acquisition Workforce (DAW) vision of ‘creating a high quality, high-performing, agile DAW to achieve technological superiority and protect America’s national security.’ Congratulations on behalf of the Secretary of Defense.”

White, who provided logistics sustainment solutions to the V-22 Joint Program Office from May 2017 to November 2019 and whose area of responsibility included 471 Marine Corps, Air Force Special Operations Command, the Navy and the government of Japan’s aircraft and their associated mission kits and ancillary equipment, was instrumental in the overall reduction of the community’s



White, 2019 Office of the Secretary of Defense for Acquisition and Sustainment as its PSM of the Year (Major Defense Acquisition Program, Acquisition Category I)

long term-down (LTD) aircraft by 40% in fiscal year 2019. The community also saw an increase in V-22’s mission capable (MC) rates by more than 10% and 5% in 2018 and 2019, respectively.

Those successes, White said, were realized by executing the program’s three-year Return-to-Readiness (R2R) Plan, a naval aviation initiative that strengthens program managers’ role as “cradle-to-grave” life cycle owners, empowering them to produce mission capable (MC) aircraft through direct engagement in the maintenance, supply, manpower, equipment, infrastructure and industry domains.

An assessment conducted through the R2R Plan outlined parts shortages, identified required engineering solutions and highlighted backlogged work orders, White explained. However, empowering government and contract maintainers—those with the ability and

authority to mitigate aircraft material condition at the point of execution—was key to his success.

“This concept called for a team of experts who had situational awareness of each aircraft’s material condition and who were tasked as the catalyst for the reduction of long-term down V-22s,” he said. “It was important that government and industry work together, align resources and leverage each other’s strengths.”

White was also instrumental in the implementation of the Common Configuration-Readiness and Modernization (CC-RAM) initiative to update Block B aircraft with 58 modifications, bringing them up to the 2018 V-22 production standard. CC-RAM is projected to improve MC rates by 15%. It is also expected to yield a cost avoidance of \$1.5 billion across the V-22’s life cycle and a 30% decrease in maintenance man-

hours per flight hour.

In conjunction with Naval Supply Systems Command Weapon Systems Support Logistics Cell (local and virtual teams that integrate and collaborate on near real-time data sources, enabling expedited decision making), White’s efforts in 2018 led to the reduction of 89 V-22 National Item Identification Numbered back-ordered parts by 25%. He also assisted in the roll out of the Customer Oriented Leveling Technique/Predictive Demand Loading to all Marine aviation logistics squadrons responsible for V-22 maintenance, reducing the average customer wait time for off-station consumables by 50% at each site.

White again attributes these gains to coordination and a shared purpose among all stakeholders. “Each person/agency knew how the decisions and actions they undertook were vital in order for component availability to increase and the Logistics Cell efforts to be successful,” he said.

As a forward thinker, White is credited with securing the future of V-22 sustainment. White led the effort to award a fixed-price, incentive-fee, performance-based logistics and equipment contract with Bell-Boeing that incentivizes the contractor to aggressively pursue an 18% reduction in the V-22’s non-mission capable maintenance rate during its five-

year period of performance. It also calls for reducing the number of LTD aircraft by 10-15 each year. Both requirements are a first in naval aviation.

Sustainment Group Director Candy Chesser congratulated White for a job well done and for raising the visibility of naval aviation throughout the DoD. “His hard work, dedication and vision is exemplary and representative of the talent at NAVAIR,” she said. “Strong leadership coupled with a focused, engaged and well-performing workforce yields results—proof that is seen on the flight line. We are proud of Mr. White for being selected for this honor and the V-22 community who helped make this possible.”

White is scheduled to be recognized at the 2020 Office of the Secretary of Defense Product Support Manager Workshop in April.

Focus, perseverance and a positive outlook is critical to any endeavor, according to White. “In order to have the best opportunity to achieve our improved readiness outcome, the team started with a good definition of the desired goal and then identified and positioned resources as required,” he said. “We realized that obstacles would constantly challenge our progress, but positive energy, over-communication and a work-hard-have-fun attitude will always win the day!”

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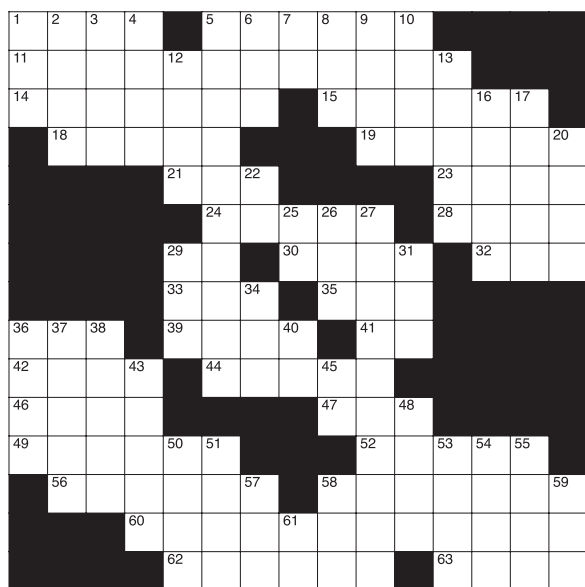
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Fun & GAMES



- 49. One-masted sailboats
- 52. Tropical Asian plant
- 56. Concurs
- 58. Latin term for charity
- 60. The number below the line in a fraction
- 62. Reddish browns
- 63. This (Spanish)

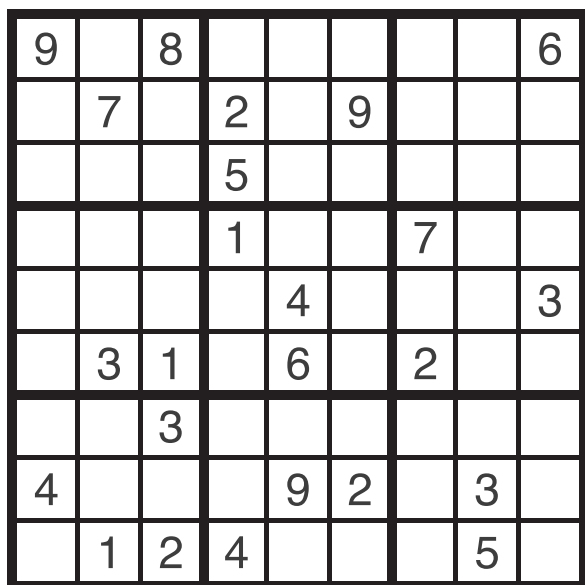
CLUES DOWN

- 1. Belong to he
- 2. One time only
- 3. Parent-teacher groups
- 4. Puts in place
- 5. Editing
- 6. In the course of
- 7. Helps injured people (abbr.)
- 8. OJ trial judge
- 9. Resist authority (slang)
- 10. Formerly alkenols
- 12. "Cheers" actress Perلمان
- 13. Jewelled headdress
- 16. Viking Age poet
- 17. Vanuatu island
- 20. Wish harm upon
- 22. Unit of length
- 25. Blood type
- 26. Drain
- 27. Do-gooders
- 29. Advanced degree
- 31. Business designation
- 34. Chinese-American actress Ling
- 36. Performs on stage
- 37. Slang for money
- 38. Large Russian pie
- 40. The Mount Rushmore State
- 43. Narrow inlet
- 45. News organization (abbr.)
- 48. Scarlett's home
- 50. Micturates
- 51. Monetary unit
- 53. Any customary observance or practice
- 54. Sons of Poseidon
- 55. Facilitates grocery shopping
- 57. Standard operating procedure
- 58. Former OSS
- 59. Midway between south and southeast
- 61. The Wolverine State

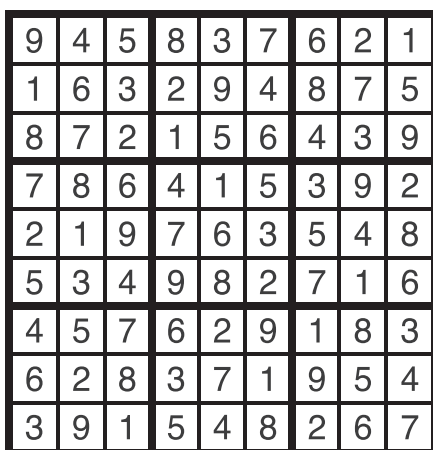
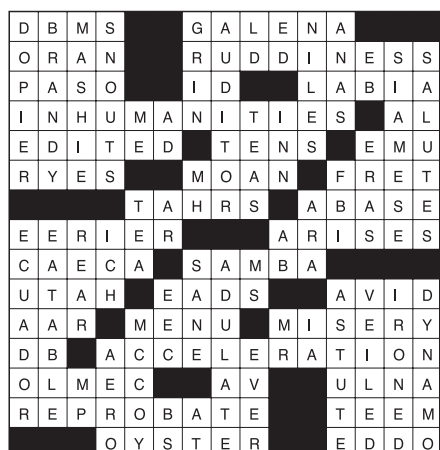
CLUES ACROSS

- 1. Beer ingredient
- 5. Popular FOX TV show
- 11. Recurring from time to time
- 14. Criticized severely
- 15. Musician
- 18. German urban center
- 19. Quenched
- 21. Human gene
- 23. Indian music
- 24. Accumulate
- 28. One who graduated

- 29. Atomic #109
- 30. Semitic fertility god
- 32. Sportscaster Patrick
- 33. Child's dining accessory
- 35. Payment (abbr.)
- 36. Guitarist's tool
- 39. Dabbling ducks
- 41. Commercial
- 42. Style someone's hair
- 44. Biu-Mandara language
- 46. Actress Spelling
- 47. Large hole in the ground



LAST WEEK'S PUZZLE SOLUTIONS



TIPS TO AVOID PROBATE

When you die, if you are holding property in your sole name, the only way that property can get to your loved ones is through the probate process. The only way to avoid probate is to create a Revocable Living Trust. By placing your assets into the name of your trust, when you die you will not have assets held in sole name and therefore, no probate.

Many people want to avoid putting their beneficiaries through the probate process. They don't like the fact that the filings in probate are publicly available or that it takes 8-12 months to close a probate. Or, that legal fees in a probate proceeding can be expensive. Additionally, they don't want their loved ones to have to sort through their assets in order to make the probate filings. They seek to make it simple. But, they don't want to spend the money to create a Revocable Living Trust.

What can be done? It is possible to minimize the number of assets that have to go through the probate process.

Since probate applies only to property held in your sole name when you die, you can transfer title of the property to someone else during your lifetime. Or, if you want to continue to maintain some control your property, you can transfer title to yourself and someone else. If you re-title the asset with someone else so that each of you are holding the asset jointly with "right of survivorship", then when one of you dies, the other will inherit ownership of all the asset and there will be no probate.

Keep in mind that if your property is the subject of a mortgage, the mortgage company may restrict your rights to transfer your ownership.

Most commonly, a husband and wife will hold an asset like their primary residence in joint name with right of survivorship (also termed "tenants by the entirety"). This means that when one spouse dies, the other takes ownership of the entire property and there is no probate of the asset since it was held in joint name. Of course, when the survivor dies, there is probate of the asset.

Suppose you own a house and your spouse is deceased, meaning you own 100% of the property in your sole name. You have one child and want to add that child to your title to the property. Can you add another person, like a child, to your title to the property? Yes, that can be done with a deed. But, there are consequences you must think about before you re-title any property.

The first issue is a tax issue. When you buy a house, your cost is your tax "basis" in the house. Suppose

you buy a house with your husband forty years ago for a price of \$20,000 and the house is paid off. Today that house is worth \$200,000. If your husband is deceased and you own the house and add a child to your title, that child receives the property at your tax basis or \$20,000. When you die, if the child wants to sell the property, the child is going to have to pay capital gains tax on \$180,000, being the difference between your tax basis of \$20,000 and the market value of the property, \$200,000.

That tax can be avoided by passing the property to your child through your Will or Trust. A Will or Trust provides a "step up" in basis so the child or beneficiary takes the property at the market value. If the child then decides to sell the property, there is no tax since the child inherits the property at a value of \$200,000 and sells it for the same amount.

The other issue to be faced with putting a child on your title is whether the child has or will have creditors. Once you place property in the name of the child, their creditors become your creditors.

Another option to avoid probate is to use what is called "payable on death" forms at your bank. Every bank will have a "payable on death" form you can fill out indicating who will take the money in your accounts when you die. By filling out this form and designating a beneficiary to take your accounts, the accounts are not held in sole name and there is no probate on those accounts when you die. For investment accounts, you can designate beneficiaries to take the accounts when you die and avoid probate. These forms are called the "Transfer on Death" forms.

The best approach to probate is to focus on organizing your assets now so that your loved ones will not have to search through years of paperwork to try to find out what you own, where your accounts are, what insurance policies you have, etc. Believe me, your loved ones will love you even more if you leave them with very little to do in a probate proceeding.

Join me for a free seminar on the third Wednesday of each month at 11am at 8906 Bay Avenue in North Beach. Call 301-855-2246 to reserve your spot.

I hope you will help me help the homeless in our county by contributing money or paper products to PROJECT ECHO, the homeless shelter in Prince Frederick. Our office will happily accept your donations for Project Echo.

Lyn Streigel

The County Times runs complimentary obituaries as submitted by funeral homes and readers. We run them in the order we receive them. Any submissions that come to gyleonard@countytimes.net after noon on Mondays may run in the following week's edition.

In Remembrance

Joan Theresa Johnson Norris



Joan Theresa Johnson Norris, "Joannie", of Hollywood, Maryland, passed away peacefully surrounded by family and friends at St. Mary's Hospice after a long six year battle with cancer on January 5, 2020.

Joannie is survived by her two sons, Charles Benedict Norris, Jr., and Dr. Brian Michael Norris. She is also survived by 6 grandchildren and one Great Grandchild. Joannie will be remembered as a loving Mother, Sister, Daughter, Aunt, as well as a close friend to many in the St. Mary's County community. No one was a "stranger" to her. Her larger than life personality and love for everyone touched the hearts of many and was a true blessing to all who knew her. Joannie was a St. Marys County Native and resident all her life, and after graduating from Chopticon High School she began working for 9 years at the C&P Telephone Company followed by 34 years with The Kmart Corporation where she won countless employee of the year awards and received the distinguish honor of representing the Company in Annapolis before Governor William Donald Shafer prior to her retirement in 2010. Many affectionately referred to her as the "Retail Queen or Miss Kmart".

She is survived by her siblings John Bertman Johnson of Nanjemoy, Shirley Ann Dean of Clements, Mary Ellen Curry of LaPlata, Dorothy Marie Gonzalez of Tampa Fl, James Edward Johnson of Charlotte Hall, David Wayne Johnson of Callaway, Phyllis Faye MacDonald of Indiana, Brenda Gayle Yates of Clements, Patricia Darlene "Patsy" Murphy of Mechanicsville, and William Alfred Johnson of Leonardtown. She is preceded in death by her beloved parents, George Thomas Johnson Sr., and Dorothy Ann Faunce Johnson.

She is also preceded in death by her eldest brother George Thomas Johnson Jr. and her sisters Mary Elizabeth "Betty" Hayghe, Janice Christine "Tina" Lyghtle, Catherine Delores Lawrence, Barbara Jean "Jeannie" Wheatley, Judy Lee Earp, Nancy Diane Neill, Peggy Susan Johnson, Vicky Lynn Johnson, and Joyce Ann Johnson.

Viewing will be from 5:00 PM to 8:00 PM with prayers recited at 7:00 PM at Mattingley-Gardner Funeral home on January 13th, 2020. Prayers will be led by Father David Beaubien of St. Aloysius Church at which time a decade of the Holy Rosary will be recited. A Catholic Mass of Celebration of Joannie's life will be held at St. Aloysius Catholic Church in Leonardtown, Maryland on Tuesday, January 14th, 2020 at 9:30 AM. A Eulogy co written by her son Brian Michael Norris and niece Joyce Renee Ridgell will be given by Joyce Renee Ridgell, daughter of Mom's deceased sister Jeannie. Active pallbearers will be James Edward Johnson, David Wayne Johnson, Michael Dean, Thomas Curry Jr, Kirk D. Rustin, and Tyler Anthony Nelson. Honorary pallbearers will be Matthew Norris, Carley Norris, Chelsey Nicole Norris, Wyatt Nicholas Larson, Elias White, and Alexis Renee Ridgell. Interment will follow the funeral mass at St. Mary's Queen of Peace Cemetery in Helen, Maryland.

Contributions may be made to Hospice House of St. Mary's P.O. Box 625 Leonardtown, MD 20650.

William Edgar Mattingly



William Edgar Mattingly, "Tojo", 74, of Lexington Park, MD passed away on January 2, 2020 in Washington, DC. He was born on April 15, 1945 in Leonardtown, MD. He was the son

of the late Annie Elizabeth Mattingly, and John Franklin Mattingly, Sr. William was the loving husband of Regina Delores Mattingly whom he married on June 15, 1966 in Our Lady's Catholic Church. William is survived by his children George Mattingly (Pixie) of Leonardtown, MD, Pat Mattingly (Chrissy) of Charlotte Hall, MD, Mike Mattingly (Amber) of Lexington Park, MD, Ivy Mattingly of Saint Inigoes, MD, 10 grandchildren, and 2 great grandchildren. Along with his sibling Betty Shepherd and Jane Hayden. He was preceded in death by his brother Frank Mattingly.

William was a lifelong St. Mary's County, MD resident. He was a carpenter/laborer for Cherry Cove Builders, retiring on October 25, 2005. William enjoyed a good game of shuffle board. As well as going to yard sales, and cutting grass for anyone he could. He loved his kitty cats Rascal and Smoochie.

Interment will be private.

Mary Loretta Beavan Norris



Mary Loretta Beavan Norris, 98, passed away on January 4, 2020 in Leonardtown, MD. She was born on August 7, 1921 in Leonardtown, Maryland to Bernard Stanton Beavan and

Lillian Catherine (Mattingly) Beavan, both deceased. She was a life-long resident of St. Mary's County, Maryland. She was a graduate of St. Mary's Academy in Leonardtown, Maryland.

She married her beloved husband J. Berkman Norris on October 25, 1941 in Leonardtown, Maryland. Together they celebrated 60 years together before his passing in January 2002. Together she and Berkman worked the family farm, Wheatleys Content Farm, in Leonardtown, Maryland.

Loretta was a wife, mother, grandmother and great-grandmother. She was a founding member of The Catholic Daughters of America, Court Father Andrew White. For years, she volunteered with the American Red Cross organizing and helping with blood drives. In addition, she volunteered at both the gift shop at St. Mary's Hospital and the resident's store at Cedar Lane Senior Living Community. For many years, she served as a member of the Board of Directors for Cedar Lane. In recognition of her volunteer service, she was recognized both by St. Mary's County and by the Governor of Maryland with the Woman of the Year Award. She was also a lifetime member of St. Aloysius Gonzaga Catholic Church in Leonardtown, MD. In her spare time, she enjoyed working on genealogy for both the Mattingly and Norris family as well as working on jigsaw puzzles.

Loretta is survived by her daughter, Mary Loretta Copado (Gregory) of Leonardtown, MD, son, Paul Julius Norris (Margaret) of Bluffton, SC, daughter-in-law, Mary Helen Norris of Leonardtown, MD, son-in-law, Ronald F. Housley of Summerville, SC She is also survived by her seven grandchildren : Paul J. Norris, Jr (Carly) of Bethesda, MD,

John B. Norris, III (Keli) of Piney Point, MD, Julie Stolte (Robert) of Glen Ridge, NJ, Amy L. Van Cleaf (Tom), of Leonardtown, MD, Cynthia Kostelansky (Michael), of Madison, NJ, Sara Dunaway (Sean), of Mount Pleasant, SC and Matthew Horsey (Heather), of Denver Colorado; and sixteen great-grandchildren: Andrew Norris, Elizabeth Norris, Ashley Norris, Jonathan Burroughs, Megan Van Cleaf, Caroline Kostelansky, Stephen Kostelansky, Kylie Norris, Mackenzie Norris, Brett Norris, Zachary Stolte, Abigail Stolte, Alex Stolte, Olivia Dunaway, Jackson Dunaway, and Henry Horsey. She is also survived by her brother, Bernard F. Beavan of Leonardtown, MD.; She was preceded in death by her parents, her beloved husband, Berkman, her son, John B Norris, Jr., her daughter, Patricia Ann Housley, and infant daughter Catherine Elizabeth Norris, and her siblings: Bernard Stanton Beavan, James B Beavan, Ann R Bowman, and George M Beavan.

The family will receive friends on Friday, January 10, 2020 from 10:00 to 11:30 a.m. at St Aloysius Catholic Church, 22800 Washington Street, Leonardtown, MD. A Mass of Christian Burial, officiated by Reverend David Beaubien, will follow at 11:30 a.m. Interment will be family only. Pallbearers will be her grandchildren. Honorary Pallbearers will be her great grandchildren.

In lieu of flowers, memorial contributions may be made to the St. Mary's Nursing and Rehabilitation Center, 21585 Peabody St., Leonardtown, MD.

Condolences to the family may be made at www.brinsfieldfuneral.com

Arrangements by the Brinsfield Funeral Home, P.A. in Leonardtown, MD.

Mariah Elizabeth Bell



Mariah Elizabeth Bell, 23 of Alexandria, VA formerly of Mechanicsville, MD passed away unexpectedly on December 28, 2019.

She was born on July 4, 1996, in Cheverly, MD to Robert Bell of Lothian, MD and Christine Rivera of Mechanicsville, MD. The day she chose to arrive was a sign from above that she'd always be a firecracker. A bright, vibrant and colorful light that lit up the sky and went away to fast.

Mariah worked as a manager at a Boarding and Grooming business in Alexandria. She loved her job so much, she was taking classes to become a Vet Tech. Her sweet demeanor and patience made her a favorite to her clients and their owners.

Mariah was a beautiful, kind and loving woman. An adventure seeker with a heart of gold. She was always the first to jump and the last to stop laughing. The life of the party but always the first person you would call if you were in need. Mariah was an empathic woman who always stood by your side. Family came first and she loved nothing more than spending time with them. She looked forward to their yearly trip to the Outer



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Banks. Sun, sand, family and was a happy girl.

On any given Sunday, you could find her rooting on her beloved Dallas Cowboys or checking her rankings in her fantasy football league. If there was an opportunity to be outside, surrounded by God's beauty, Mariah took it. She loved skydiving, hiking and four-wheeling. The next time the opportunity presents itself to do something daring, remember Mariah and her spirit will help you take the first big step into your next adventure.

Mariah was full of life. She was a beautiful soul, full of energy and light. She will be missed by many and her memories will live on for eternity. Even the most beautiful fireworks fade, but the joy they bring to those who saw them will be remembered forever.

Mariah is survived by her parents Robert Bell of Lothian, MD and Christine Rivera, of Mechanicsville, MD; three (3) brothers, Cole Rivera, of Mechanicsville, MD, Cruz Rivera of Mechanicsville, MD and Joseph Hutchinson of Lothian, MD; and four (4) sisters, Vanessa Tyree of Mechanicsville, MD, Brianna Bell of Lothian, MD, Hailey Bell of Lothian, MD and Celeste Edwards of North Beach, MD. She is also survived by her grandparents, aunts, uncles, cousins and many other family members.

Interment will be private.

In lieu of flowers, the family would request donations be made to Vibrant Emotional Health, Attention: Development, 50 Broadway, Fl 19, New York, NY 10004.

Condolences may be made to the family at www.brinsfieldfuneral.com

Arrangements by the Brinsfield Funeral Home & Crematory, P.A., Charlotte Hall.

Dean Allen Massman



Dean Allen Massman, 60, of Mechanicsville, MD formerly of Melbourne, FL, passed away peacefully at home on December 29, 2019 surrounded by his family.

He was born on April 12, 1959 in Saginaw, Michigan to Duane Roy Massman and the late Marian Lee Davis.

Dean was a Major in the Army Corps of Engineers and held a Master's degree in Engineering. He was honorably separated in 2003 after a 21-year career. During his service, he received the Defense Meritorious Service Medal, the Army Commendation Medal, National Defense Service Medal, Southwest Asia Service Medal and Parachutist Badge.

Dean enjoyed barbecuing, fishing and camping. He enjoyed watching college football, especially the Michigan Wolverines. He was a member of the Veterans of Foreign Wars and the American Legion.

Dean is survived by his wife Pamela, his father, his children, Kristin Marie Clear (Johnathan), Dale Robert Massman, Drew Michael Lee Massman both of Woodbridge, VA and Monika Jean Kluge of Akron, PA. Also surviving are his 8 grandchildren, Taylor, Amber Lee, Jillian, Derrick, Lydia, Meah, Gracie and Alison. Dean is preceded in death by his mother and his brothers, Daniel and David Massman.

Interment will be private.

Condolences to the family may be made at www.brinsfieldfuneral.com

Arrangements by the Brinsfield Funeral Home & Crematory, P.A., Charlotte Hall, MD

Jordan Lee Sullivan



Jordan Lee Sullivan, 24, of Park Hall, MD died January 3, 2020.

He was born on July 17, 1995 in Salisbury, MD to Cynthia Jordan of Park Hall, MD and James Sullivan of Salisbury, MD.

Jordan was athletically skilled and enjoyed all sports, though basketball was his favorite. He was a Denver Broncos fan. He was adventurous and enjoyed being outside. He especially enjoyed spending time on the water, fishing and crabbing and going to Ocean City. Jordan had an unquenchable thirst for knowledge and was always learning how to do new things. He was skilled with his hands, enjoyed building anything and everything. Jordan recently built a functioning Kiln by hand with his fiancé. He loved animals and rescued three dogs (Molly, Rocco, Mira), two cats (Segan and Sheila), two ferrets (Caine and Cruella) and a turtle. He also enjoyed gaming. His friends and family were very important to him and he loved spending time with them and was always ready to lend a helping hand.

In addition to his loving parents, he is also survived by his grandmothers, Barbara Joan Jordan and Nancy Taylor (Kirk); his fiancé, Julia Person of Park Hall, MD; his aunts and uncles: Laura Ann Jordan, Michael Christopher Jordan (Susan), Patrick Sullivan and John Sullivan (Jennifer); and many extended family and friends. He is preceded in death by his grandfathers, Orvil Lee Jordan and John Sullivan, and his aunt, Terri Kay Goshorn.

Interment will be private.

Memorial contributions may be made to the Southern Maryland Animal Welfare League (SMAWL), P.O. Box 1232, Leonardtown, MD 20650.

Condolences to the family may be made at www.brinsfieldfuneral.com

Arrangements by the Brinsfield Funeral Home, P.A.

Diane Tippett



Diane Tippett, 52, of Leonardtown, MD passed away on December 31, 2019 at MedStar St. Mary's Hospital.

Diane was born on October 15, 1967 in Vero Beach, FL to the late John Roger Linley and Suzanne (Henning) Linley.

After earning her bachelor's degree in Environmental Science from the Florida Institute of Technology (Florida Tech), she spent her working career as a water chemistry analyst at various environmental labs. Di enjoyed spending time with friends and family, cooking, playing golf, gardening, and playing Keno. With her outgoing personality, Di never met a stranger. She was fun-loving, optimistic, resilient, forthcoming and fiercely loyal. Di was truly one-of-a-kind and life will never be the same without her.

She is survived by her husband, Robert Wayne Tippett; son, Elliot Lucey of Atlanta, GA; siblings, Lisa Wright of Navarre, FL, Lori Mason of Leonardtown, MD, Erin Fryauff (Chris) of Salem, OR, and Brian Linley of Hawthorne, FL; nephews, Craig Brubacher, Eric Brubacher, and Drew Mason; nieces, Amelia Fryauff and Marilla Linley, and her step-mother, Terry Reed Wells. She

was preceded in death by her parents.

All services will be private.

Condolences to the family may be made at www.brinsfieldfuneral.com.

Arrangements by the Brinsfield Funeral Home, P.A.

Helen "Dolores" Carpenter



Helen "Dolores" Carpenter, 87, passed away December 30, 2019 at her home with her loving family at her side.

She was born on May 6, 1932 in Philadelphia, PA to the late George Lester Streeper and Helen Irene Christine.

On December 12, 1948, Dolores married her beloved husband, Norman Alvin Carpenter, Sr. at St. Steven's Episcopal Church in Bridesburg, PA. Together they celebrated over 30 wonderful years of marriage before his passing in April 1979. In 1967 she began her career with the Department of Defense at Naval Air Station Patuxent River. She worked her way from entry level as a GS 1 to a GS 11 working at Supply, Strike and Rotary Wing. After over 30 years of dedicated service she retired in 1997 as a Supervisor. She was a progressive, independent woman, who raised all five of her children, ensuring each of them had a college education. She was a loving and devoted mother who supported her children through all their sporting events, education and into adulthood. She made sure the family household was full of love and ran smooth while her husband served in the U.S. Navy for 30 years. She was a delicious cook, famous for her deviled eggs and homemade birthday cakes and Sunday family dinners. She enjoyed crocheting and made sure everyone had a handmade blanket made with love from her.

She is survived by her children: Noreen Ann Morrison (Hal) of The Villages, FL, Norman Alvin Carpenter, Jr. (Valerie) of The Villages, FL, Yvonne Gail Hadnagy (Joseph) of Winchester, VA, Lee Carpenter (Carrie) of Owings, MD, and Bryan Lester Carpenter (Laura) of Leonardtown, MD; 8 grandchildren; 12 great grandchildren; and 1 great-great grandchild. In addition to her parents and husband, she is also preceded in death by her sisters, Roberta I. Clark and Gertrude E. Andress.

Family will receive friends on January 9, 2020 from 10:00 to 11:00 p.m. at Church of the Ascension, 21641 Great Mills Road, Lexington Park, MD 20653. A Funeral Service will be celebrated by Reverend Greg Sylar at 11:00 a.m. Interment will follow at Evergreen Cemetery, 22020 Chancellors Run Road, Great Mills, MD 20634.

Servings as pallbearers will be: Ethan Carpenter, Bryan Carpenter, Norman Carpenter, Jr., Robert Stack, Jr., Christopher Carpenter, Carrie Carpenter, Terry Delahay, Hal Morrison, Joseph Hadnagy, Jeremy Montague and Bob Brookins.

Memorial contributions may be made to the American Heart Association, P.O. Box 5216, Glen Allen, VA 23058-5216 and the Southern Maryland Animal Welfare League (SMAWL), P.O. Box 1232, Leonardtown, MD 20650.

Condolences to the family may be made at www.brinsfieldfuneral.com.

Arrangements by the Brinsfield Funeral Home, P.A.

Donald Robert Lash



Donald Robert Lash, 68, of Leonardtown, MD passed away on December 31, 2019 at MedStar Washington Hospital Center with his loving family at his side.

Born on September 16, 1951 in Tampa, FL, he was the son of the late Joseph Lancaster Lash and Jane Eleanor (Galloway) Lash.

Donald was a dedicated and highly skilled plumber and worked many years for Plumbers Local 5 until he retired. Even in retirement he helped his family and friends with plumbing issues. On July 7, 2007, he married his beloved wife, Doris "Foo" Tippett at Hollywood United Methodist Church. Together they celebrated over 12 wonderful years of marriage. Don was quick witted, had an amazing sense of humor, and was the life of the party. He had his own special flair and was known for his crazy hats. He was an avid camper and belonged to Friendly Maryland Travelers camping group, which he always had a great time with. He enjoyed the company of everyone in the group. One of his favorite places he travelled to camp was Mackinac Island in Michigan. He also enjoyed golfing with his friend, Bunky Taylor. He supported his wife as he went to all the craft shows and was no doubt her biggest fan. He was a long time Baltimore Orioles and Washington Redskins fan. His family and friends were very important to him and he loved spending time with them, including his pets, Roscoe and Daisy.

In addition to his beloved wife, Foo, Donald is also survived by his daughters: Mae-gan Willey (Raymond) of Waldorf, MD, Tracie Fisher (Gregory) of Huntingtown, MD, and Randi Beavers of Annapolis, MD; his brothers, Thomas Lash (Catherine) of Severn, MD and Rodney Lash (Christina) of St. Leonard, MD; his grandchildren: Emilee Willey, Nathan Willey, Gabrielle Lash, Alex Padilla and Jake Padilla; and many nieces, nephews, extended family and friends. In addition to his parents he is also preceded in death by his son, Jacob Michael Lash.

Family will receive friends on Saturday, January 11, 2019 from 11 a.m. to 2 p.m., with a Funeral Service celebrated at 1:00 p.m. by Pastor Chris Owens, at Brinsfield Funeral Home, P.A., 22955 Hollywood Road, Leonardtown, MD 20650. Interment will be private.

Memorial donations may be made to Auxiliary of the Leonardtown Fire Department, P.O. Box 361, Leonardtown, MD 20650 and Leonardtown Volunteer Fire Department, P.O. Box 50, Leonardtown, MD 20650.

Condolences to the family may be made at www.brinsfieldfuneral.com.

Arrangements by the Brinsfield Funeral Home, P.A.

Rose Mary Smith



Rose Mary (Adams) Smith, of Valley Lee, MD was born on June 2, 1935 and passed away on Sunday, December 29, 2019 at home with her family by her side.

She died after a very long battle with Alzheimer's Disease.

She was preceded in death by her parents, William Malvin Adams Sr, and Alice Marie Shorter Adams, and her infant son, Robert Steven Smith.



She is survived by her husband, Robert Dayton (Smitty) Smith, whom she met while in the Navy and stationed at PAX River. They met on the beach in Piney Point. He won her heart and they were married on September 4, 1953. They celebrated 66 years of marriage together.

Rosemary retired as a bookkeeper from Stewarts Petroleum in Piney Point, MD after 32 years of dedicated service. She was a member of St. George's Episcopal Church in Valley Lee, Md, a member of the Vestry, and Superintendent for the Sunday School for 13 years. She worked at the many church dinners. Rosemary was A Past Worthy Matron (the highest honor) of the Order of Eastern Star Julia Halla Chapter 107, in Hollywood MD. She enjoyed working and being with all her children and grandchildren.

Rosemary enjoyed sports and was an avid bowler. She and Smitty bowled on a league for Piney Point for many fun years. She enjoyed traveling with Smitty. Once retired, they spent their winter months in Florida where she enjoyed the warm weather. Rosemary was a very good cook and hosted all the holiday dinners and Sunday dinners for her family. One of her specialties was her delicious homemade pineapple upside down cake. Rosemary was a dedicated and loving wife, mother, grandmother, sister and friend to many.

Rosemary is survived by her brothers, William Malvin Adams (Francine) of Mechanicsville, MD, Lyn Henderson of Valley Lee, MD, and her sister, Marie (Henderson) Schwagler of OnAlaska, WA.

Her children: Yvonne Smith Gamble of Plantation, FL, Robert "Scott" Smith (Ear-

lene) of Valley Lee, MD, and Douglas W. Smith (Candi) of Valley Lee, MD.

Her grandchildren: Charles (Rob) Clements, Derrick Gamble, Robyn Gamble, Robert (Bobby) Petrzala (Kathleen), Adam Smith (Jenny), Dayton Smith (Watsana) and Arlin Smith. And SIX Great Grandchildren: Kylie Roden, Peyton Roden, Colin Smith, Tina Smith, Lilly Jacobson, and Lincoln Petrzala.

The family wishes to thank the Valley Lee Fire Department, SDVFDERS, PO Box 1 Valley Lee, MD 20692 and Hospice of St. Mary's, PO Box 625, Leonardtown, MD 20650 for their service to Rosemary during her extended illness. Please consider donations to these organization on behalf of Rosemary Smith.

Serving as pallbearers will be Charles (Rob) Clements, Derrick Gamble, Robert Petrzala, Adam Smith, Arlin Smith, and Alan Podolinsky. Honorary pallbearers Dayton Smith, John Leskinen, and Joel Steenrod.

Lloyd Almon "Buddy" Goble



Lloyd Almon "Buddy" Goble, 93, of Leonardtown, MD, passed away on December 25, 2019 at MedStar Washington Hospital Center with his loving family at his side.

He was born on November 10, 1926, he was the son of the late Samuel Goble and Docia Goble.

On December 31, 1965 he married his be-

loved wife, Doris Victoria Hartwell in Hollywood, MD. Together they celebrated over 9 wonderful years of marriage before her passing in 1976. He was employed for over 55 dedicated years for SMECO as a Meter Foreman before his retirement in 2016. He was 90 years old when he retired. He was a member of the American Legion and Veterans of Foreign Wars. He attended St. Aloysius Catholic Church in Leonardtown, MD.

Lloyd is survived by his siblings, Louella Goble "Lou" Maynard of Inez, KY, Harold Ray Goble (Linda Sue) of Inez, KY, Larry Goble of Inez Goble; his grandchildren: James Goble (Jillian) of Howard, OH, Donna Hamlet of Leonardtown, MD, and Debbie Taylor (Ricky) of Leonardtown, MD; 14 great grandchildren, and 8 great-great grandchildren.

Condolences to the family may be made at www.brinsfieldfuneral.com.

Arrangements by the Brinsfield Funeral Home, P.A.

Mary Jayne Pembroke



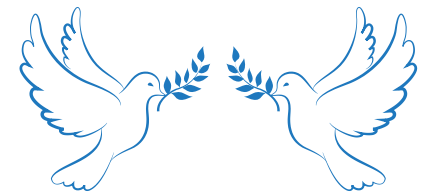
Mary Jayne Pembroke, 93, of Valley Lee, MD passed away Wednesday, December 11, 2019 at Covenant Woods Retirement Home in Mechanicsville, VA where she had been a resident for 10 years. She was preceded in death by her husband, Alan Hebb Pembroke in 2001 and is survived by her two sons, Bob and Jim and their families including seven grandchildren and ten great-grandchildren.

Among her many talents and hobbies, she was an inspiring and highly regarded teacher and science department head at GMHS for more than 25 years and an award winning florist and Garden Club Member. After retirement, she spent most of her time managing the resident store at Cedar Lane Senior Living Community and taking care of the family farm in Valley Lee. She had also been very active in both congregations at Church of the Ascension and St. George's Episcopal Churches. She will be warmly remembered by all that she touched for her lifelong devotion of compassionate support and care for her family, friends and students.

Her family has planned a celebration of life and interment of her ashes at St. George's Episcopal Church in Valley Lee on Saturday, January 18, 2020 at 11 am. In lieu of flowers, please make any donations directly to St. George's Episcopal Church-Maintenance Fund, PO Box 30, Valley Lee, MD 20692.

Condolences to the family may be made at www.brinsfieldfuneral.com.

Arrangements by the Brinsfield Funeral Home, P.A.



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TUES 6:30 PM
YOUTH GROUP
TUES 6:30 PM

St. Anne's Church

Meeting at Dent Memorial Chapel

Charlotte Hall Road, Charlotte Hall
Sundays - 10:00 am - Holy Eucharist

Traditional Anglican Worship

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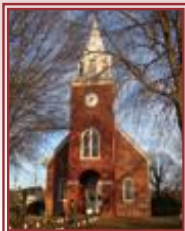
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King & Queen Parish founded 1692
25390 Maddox Road | Chaptico, MD 20621

www.cckqp.net
301-884-3451



Sunday Worship
8:00am Holy Eucharist, Rite I
10:00am Holy Eucharist, Rite II,
Organ & Choir
All are Welcome



Hollywood United Methodist Church

24422 Mervell Dean Rd • Hollywood, MD 20636

301-373-2500

Katie Paul, Pastor

Sunday Worship 8:30 and 11:00 a.m.

Sunday School for all ages 9:45 a.m.

All of our services are traditional.

Child care is provided.

Sunday Evening Youth Group

Christian Preschool and Kindergarten available

To place an ad on this page contact Jen Stotler at 301-247-7611 or jen@countytimes.net

Community Calendar

To submit your event listing to go in our Community Calendar, please email timescalendar@countytimes.net with the listing details by 12 p.m. on the Monday prior to our Thursday publication.

Thursday Jan. 9, 2020

Queen of Hearts LVRSA Fundraiser

Fitzies Marina and Pub Restaurant

Joe Hazel Road

Leonardtown

4p.m. to 7p.m.

Please join us to take a chance to pick a card and find the Queen of Hearts to win the jackpot. Each Thursday there is the opportunity to take a chance to win until the Queen is found, with the jackpot rolling over each week. Tickets are sold from 4pm-6:45, with the drawing at 7pm.

VFW Wings

VFW Post 2632

23282 Three Notch Road

California

5p.m. to 8p.m.

Queen of Hearts, 50/50 and Money Tree tickets will be sold from 5 to 7. Karaoke from 7 to 11.

Maryland in the Age of Sail: European Expansion 1095-1500

Calvert Marine Museum

14200 Solomons Island Road

Solomons

7p.m. to 8p.m.

Join Mark Wilkins, Curator of Maritime History at the Calvert Marine Museum, as he explores "Maryland in the Age of Sail". This eight week lecture series includes topics ranging from European influence to the tobacco trade to the Civil War on the Chesapeake and more, through the 20th century. Lectures are free and open to the public.

Friday, Jan. 10, 2020

Park Place Toastmasters

Church of Ascension

21641 Great Mills Road

Lexington Park

Noon to 1p.m.

Come visit us to find out how we can help you develop your speaking, listening, and leadership skills in a non-threatening environment!

Roast Beef Dinner

American Legion Post 238

6265 Brandywine Rd

Hughesville

5:30p.m. to 7:30p.m.

Price \$12. For more info call 301-274-3522 or check us out on the Web www.alpost238.org or Facebook

Saturday, Jan. 11, 2020

Radio Controlled Model Aircraft

St. Mary's County Regional Airport Terminal

44200 Airport Rd

California

9a.m. to 2p.m.

Indoor display of Radio Controlled Model Aircraft, Flight Simulators, Indoor small drone flight demo, and information on the UAS4STEM Program.

Elks Texas Holdem Tournament

St Marts County Elks Lodge

45779 Fire Department Lane

Lexington Park

6p.m. to Midnight

Tournament open to all who want to play. \$80 Buy-in = 12,000 chips. This is not a late entry event. Players must be signed up prior to the start of the tournament. Cash games will start as soon as there are enough play-

ers that are interested. Please enter through the side of the building

Mother Catherine Academy Bingo Every Saturday

Mother Catherine Academy

38833 Chaptico Road

Mechanicsville

6:30p.m. to 10:30p.m.

Doors open 4:30 Early Birds start 6:30 Regular Games start at 7:00. 301-884-3165

Contra Dance

37497 Zach Fowler Road

Christ Church Parish Hall

Chaptico

7p.m. to 10p.m.

Come out to swing, promenade, and do-si-do to lively jigs, reels and waltzes at the SMTMD contra dance, on at the in Chaptico. The Southern MD Open Band will be playing live acoustic string music and our caller will teach and call the dances. The beginners dance workshop (no partner required) starts at 7:00 pm, and the dance begins at 7:30 pm. Admission is \$10 for non-SMTMD members; \$6 for SMTMD members (band members and children under 17 are free). There will be an ice cream social during the intermission. Please bring a water bottle.

Sunday, Jan. 12, 2020

Chicken Dinner

Knights of Columbus Hall

Ridge

11:30-5pm

\$12 a dinner. 301-872-4641. Baked Good Available.

Breakfast at 2nd Dist. VFD & RS—All-You-Can-Eat

2nd Dist. VFD&RS

45245 Drayden Rd.

Valley Lee

8a.m. to 11a.m.

Cost: Adults \$10:00; Children 6—12 \$5.00; & Children 5 & under are free. Menu: Scrambled Eggs, Home Fried Potatoes, Pancakes, French Toast, Sausage Links, Ham, Bacon, Creamed Chipped Beef, Sausage Gravy, Hot Biscuits, Spiced Applesauce, & Grits Drink: Assorted Juices, Milk, & Coffee. For more info contact Becky 301-994-9999.

VCMI St. Mary's Church Service

Chancellors Run Teen Center

Chancellors Run Road

Great Mills

10a.m. to noon

Nondenominational Church Service. We welcome you! A Church of Love. Join us for Sunday service, with Pastors Tyrone & Cynthia Marshall You wont leave out the same way you came in! See you soon!

Monday, Jan. 13, 2020

Pax River Quilters Guild

Good Samaritan Church

20850 Langley Road

Lexington Park

6:30p.m. to 8:30p.m.

New Members and guests welcome. This month features a Night of Philanthropy. We will be working on fidget quilts, quilt-as-you-go strip blocks, and sorting pre-cuts. Bring your sewing machine, neutral threads, scissors, and pins. A big thank you to all that donate materials to make our Philanthropy a great success ev-

ery year. Everyone that receives a quilt that is in Hospice, the Veteran's home, the hospital or Nursing home in our community finds joy and comfort in these quilts made with love, by the members of Pax River Quilt Guild.

Tuesday, Jan. 14, 2020

20/20 Relay for Life Kickoff Event

Dr. James Forrest Tech Center

24005 Point Lookout Road

Leonardtown

6p.m. to 8p.m.

Relay for Life is celebrating its 35th anniversary and we want everyone to celebrate with us in 20/20! Learn how to register a team, recruit team members, set fundraising goals, and much more! Whether you're a new team or a returning team, everyone is welcome!

Taco Tuesday

VFW Post 2632, California

5p.m. - 7p.m.

2nd & 4th Tuesday of the month. Beef, Buffalo chicken or Black bean hard or soft. 1 for \$2, 3 for \$5, 5 for \$8. Taco salad \$5. With all the trimmings. Tostado with refried beans \$2. Nachos with cheese \$3 add beef \$1.

Thursday, Jan. 16, 2019

Queen of Hearts LVRSA Fundraiser

Fitzies Marina and Pub Restaurant

Joe Hazel Road

Leonardtown

4p.m. to 7p.m.

Each Thursday there is the opportunity to take a chance to win until the Queen is found, with the jackpot rolling over each week. Tickets are sold from 4pm-6:45, with the drawing at 7pm.

Annual Tech Expo at the Forrest Center

The Dr. James A. Forrest Career & Technology Center

24005 Point Lookout Road

Leonardtown

5:30p.m. to 8p.m.

The purpose of the Forrest Center Tech Expo is to familiarize students and parents with Career and Technology Education (CTE) career options offered by the St. Mary's County Public Schools. Middle school and high school counselors will be available to answer questions about career clusters and to assist students in planning their academic program. For more details, call 301-475-0242. In the event of inclement weather, the alternate date for the Forrest Center Tech Expo will be Thursday, January 23, 2020 from 5:30-8:00.

Friday, Jan. 17, 2020

Hollywood VRS Pitch Party

Hollywood Volunteer Rescue Squad

Rescue Lane

Hollywood

5:30p.m.

High/Low Jack Game. \$20.00, each bump will cost an additional \$1.00 per partner at your table, bid four and make it, get a chance to win \$50.00 from the bump money. Prize money is guaranteed with 40 or more players. A tie means players split the money. There will be a 50/50 raffle. We will also be selling the squad lottery tickets. Please contact Bonnie Lemonds at bonnielemonds@hotmail.com or cell phone 301-247-8397. Future dates: Feb. 21, 2020 and March 20th, 2020.

St. Mary's Department of Aging & Human Services Programs and Activities

Loffler Senior Activity Center 301-475-4200, ext. 71658
Garvey Senior Activity Center, 301-475-4200, ext. 71050
Northern Senior Activity Center, 301-475-4002, ext. 73101

Visit www.stmarysmd.com/aging for the most up-to date information

Brought to you by the Commissioners of St. Mary's County: James R. Guy, President; Michael L. Hewitt; Eric Colvin; Todd B. Morgan; John E. O'Connor; and the Department of Aging & Human Services

Self-Awakening Yoga

The Northern Senior Activity Center will host a Self-Awakening Yoga class on Tuesday, Jan. 14, from 12:30-2 p.m. Self-Awakening Yoga takes yoga back to its roots as a creative learning process and an expansion of consciousness. Instructor Judi Lyons will use a series of natural movements that encourage body awareness, recover freedom of movement, release emotional blockages, and unleash spiritual and physical potential. Participants should listen to their body's needs before and during modality of movement. The cost is \$10, payable to the instructor and is due at signup. Space is limited. To sign up and pay in advance, please visit the front desk. For more information, call 301-475-4200, ext. 73103.

Luncheon with Phil McKenney

Back by popular demand! Phil McKenney will be at the Garvey Senior Activity Center on Wednesday, Jan. 15, at 12 p.m. for another great interactive music program. By the late 1950's the Wild Men who had created Rock-n-Roll just a few years earlier had been pretty much wiped out either by their own excesses, by the powers that be who hated them or by fate. A new group of clean-cut pop singers took over. They wore suits, skinny neckties, were non-threatening and controlled the record charts for the next

several years. They were the Teen Idols, the second wave of rockers and this is their story! The lunch menu for the day will be baked ham, green beans, tossed salad, whole wheat dinner roll and a fruit cup. Cost for lunch is by donation for those ages 60 and above and \$6 for those under the age of 60. To make reservations, call 301-475-4200, ext. 71050.

Learn the quick and easy way to fill out the census form!

Another decade begins- which means it's time for the census! Each decade a census is collected to determine how many Congressional seats your state gets to represent its population. This year the census is encouraging data to be collected online. The Senior Activity Centers will host presentations on Thursday, Jan. 16 on how to fill out the census forms. Loffler Senior Activity Center's presentation is scheduled at 9 a.m., Northern Senior Activity Center's is scheduled for 12:30 p.m. and Garvey Senior Activity Center at 3 p.m. Call 301-475-4200, ext. 71050 to sign up. Be sure to mention which center you plan to attend.

Beginner's Piano/Keyboard class coming up

Dr. Robert L. Jefferson, the author of the "How to Play Gospel" book series and a leading expert on teaching gospel

music (Check out his website at Jeffersonpresents.com) will again offer beginner piano/keyboard classes at the Loffler Senior Activity Center Tuesdays, Jan. 21-Feb. 25. The cost for the lessons is \$100 for 6 sessions and includes instruction, texts and corresponding cd. Additionally, you will need to invest in an inexpensive keyboard (\$50-\$100+ available at local stores and online.) Payment for the lessons can be made directly to Dr. Jefferson on the first day of class. Pre-registration is required by Jan. 14. For questions or to sign up, call 301-475-4200, ext. 71658, or stop by the registration desk at Loffler.

Beginners Tai Chi for Arthritis and Fall Prevention

Loffler Senior Activity Center will be offering Beginner Tai Chi for Arthritis classes on Mondays and Thursdays at 11 a.m. beginning Monday, Jan. 27. In this class we will learn to do some core movements on each side of the body in a graceful routine while applying basic Tai Chi principles. There is no fee for this class, but a commitment to attendance and practice is necessary for success. Pre-registration is required. Since space is limited to 20 new participants, we ask that you sign up only if you are sure that you will be able to attend regularly. Call 301-475-4200, ext. 71658, or stop by the reception desk by Jan. 23 to

sign up.

Quote Terracotta Pots

Does your home look a little less bright and cheery during the winter months? We can help you brighten it up with uplifting quotes and beautiful terracotta pots for those fresh plants. Come join us at the Garvey Senior Activity Center on Wednesday, Jan. 29, at 10 a.m. as we add color and one of your favorite inspirational quotes to the pots. Each person will get to take one pot home for \$5. If you would like to do more than one pot, please let the receptionist know ahead of time. For more information or to sign up, call 301-475-4200, ext. 71050.

Ceramics with Marti

The Garvey Senior Activity Center will have ceramics class on Wednesday, Jan. 22, at 10 a.m. If you enjoy painting and creating personalized gifts or decorations for the home this is the class for you! Marti Cotterell will be teaching the class and offering instruction on painting techniques. The theme for the class will be Valentine's Day. The cost of the class is \$10 for each item painted and includes the firing of the item. For more information please call, 301-475-4200, ext.71050.

★ ST. MARY'S COUNTY Library

Cricut for Beginners

The Charlotte Hall Library will hold Cricut for Beginners on Thursday, January 16 from 6 – 7:30 p.m. Learn how to use the new St. Mary's County Library Cricut machine. This home die-cutting machine can be used for cutting paper felt vinyl fabric craft foam and other products such as fondant. Presenter will demonstrate how a design is created on the computer and sent to the Cricut machine for cutting. Attendees will create a small project to take home with them. Registration required.

Glow in the Park for Teens and Tweens

The Lexington Park Library will hold two sessions of "Glow in the Park" on Thursday, January 9. The first session will be from 5-6 p.m. for teens 13-18, and the second hour 6-7 p.m. for tweens 8-12. It's dark outside so get your glow on! Come in to make GLOW IN THE DARK SLIME and play glow in the dark games. All materials provided no experience needed and no registration required.

Retirement and Estate Planning

Leonardtown Library will hold Retirement and Estate Planning on Tuesday, January 21 from 1 - 3 p.m. Worried about the effects of the recent tax changes on your retirement planning? Join us as Gene Townsend, Certified Financial Planner, covers retirement contribution changes, retirement distributions, estate planning steps, and the recent tax law changes impacting retirement and estate planning.

Introduction to Foundation Directory Online

Lexington Park Library will hold Introduction to Foundation Directory Online on Wednesday, January 22 from 5:30 – 7:30 p.m. Looking for grants for your nonprofit? Come learn how to use Foundation Directory Online (FDO) the most comprehensive prospect research tool for fundraisers with over 140,000 grantmaker profiles. You will learn how to search for grantmakers who have funded organizations working on causes and with communities similar to those you serve. The second half of this class will include time to practice using FDO with the assistance of the instructor. You may use the library's computers or bring your own laptop. This class is for nonprofit organizations looking for funding and is not geared to individuals seeking grants. We recommend you take the free one-hour webinar Introduc-

tion to Finding Grants before attending. Please contact jcavanaugh@stmalib.org with any questions. Registration required.

"I Can't Do Yoga" Yoga

Lexington Park Library will hold 'I Can't Do Yoga' Yoga on Saturday, January 25 from 9:30 – 10:30 a.m. Come join us for "I Can't Do Yoga" Yoga. You will learn to use your mind, body, and breath to awaken your wellbeing and self-healing power. Please bring a yoga mat or a towel. Registration required. Dr. Lisa Clow, Ph.D., and Awake Yoga and Integrative Health Coaching invite you to experience how to use the Genius Breaks Method to develop your home-based yoga practice and join our yoga community to learn to move your joints through the appropriate range of motion. The "I Can't Do Yoga" yoga class was designed for all levels of interest and abilities and will help develop your ability to stay calm during stressful situations and find joy in living.

Beaded Jewelry

Lexington Park Library will hold two sessions of Beaded Jewelry class on Saturday, January 25. The first from 2 – 3 p.m., and the second from 3 – 4 p.m. Learn the basic techniques of beaded jewelry creation. Create a pair of earrings and a bracelet to take home. All materials are provided and light refreshments will be served. Registration required.

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From Wheelchair to Walking

To the Editor

Since 1995, I have written about just about everything that stirs my soul. I have mainly advocated for education, but from time to time I gravitated to other subjects, such as my family's immigration into the United States, immigration, my two dogs, patriotism, and many other topics. With the hope that my recent journey will help others, I will ask you to join me as I recount my story.

It all began in 2012 when I ran to the house after bidding my granddaughter goodbye. I found myself upside down in the boxwoods in front of our house. I had no idea what had happened.

After winning my second term to the St. Mary's County Board of Education, I bought myself a pink English racer to celebrate. I took off and within seconds fell over on my new bike. I had momentarily lost my balance. Being persistent, I tried again and got the same result. Fortunately, I did not break my neck. As time went on, I kept losing my coordination and balance which resulted in falls. At this point I had seen three different Neurologists who, finding my body intact were perplexed. One doctor noticed a slight gait problem. Gait refers to your manner of walking.

Acting on a neighbor's advice, I was evaluated for Lyme disease, which can cause mobility problems. The results were inconclusive. In desperation, I purchased the recommended herbal remedies from a health foods store. They were cheaper than the \$700 I had to pay for the evaluation. Insurance did not cover it as there is no proven diagnosis and cure. The herbs were a failure as I kept on falling.

Despondent, I went to another neurologist. He evaluated me, and by this time, I needed the walls on either side of the hall to go down the hall without falling. The situation was worsening. The doctor said he was going to get some real help. He sent me to the prestigious University of Maryland Medical Center.

The neurologist at the medical center diagnosed me with ataxia, and there were no magic pills. In other words, goodbye mobility. She said that the only thing she could do for me was to give me physical therapy. Ataxia is an umbrella term for a coordination or movement disorder. It can be due to brain damage, nerve damage, or muscle damage. Other causes include drug or alcohol intoxication. They did not know the cause of mine.

By 2014, I was still going to the University of Maryland Medical Center, and my condition had deteriorated to the point that I was beginning to use a wheelchair. My German doctor was puzzled as again my body was intact. Enter Johns Hopkins. By now I had had seven different neurologists and was getting worse. Quit? Not on your life! With the Lord's help, I ended up with a famous neurologist who has since retired. He worked with another neurologist who specialized in the brain. First, they gave me a physical therapy evaluation to check my mobility. Their original hypothesis or educated guess was that the problem was caused by excess fluid around the brain. After that, they gave me a spinal. For three days they removed fluid. Then they gave me a post evaluation. As luck would have it, not only did I not improve, on some tests, I performed worse. Through analysis, they determined that it was not excess fluid on the brain as they had hypothesized. Through the process of elimination, they determined that it was my seizure medication that was the culprit.

In 2018 I quit taking the medication that had robbed me of my mobility. With lots of physical therapy, I am walking again slowly but surely. When I asked after I had ceased the drug if I would ever walk again, I was told, "Well, miracles do happen." I am living proof that, "Yes they do." Like Winston Churchill said, "never give in, never, never, never, never-in anything great or small, large or petty-never give in except to convictions of honor and good sense."

Marilyn Crosby
Former Member
St. Mary's County Board of Education



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Pitch Tournament High - Low - Jack - Game



Date: Friday, January 24, 2020

Where: Leonardtown Volunteer Fire Department

Time: Doors open at 6:00 PM • Tournament starts at 7:30 PM
Must be on time as all tables have to start at once!

Cost: \$20.00

NOTE: Each bump will cost an additional \$1 per partner at your table. Bid 4 and have a chance to win the Buddha Bump Money Fund - \$100.00

Early Bird Pitch Games!

Play 5 QUICK rounds of cards. Games start at 6:30.
Cost \$10 a person - Team wins \$60.00, plus bump money.

Nightly Payouts: 1st Place - \$250 • 2nd Place - \$175
3rd Place - \$125 • 4th Place - \$75 • 5th Place - \$50

NOTE: Prize money is guaranteed with 80 or more players.

Amenities:

Cash Bar (beer & mixed drinks) • Food
50/50 • "King of Diamonds"

Additional Info: Contact Jenny Russell

Email jennifer1107r@msn.com

Cell 301-904-0169 Monday-Friday after 4:30 PM

Saturday or Sunday (anytime)

Home 301-769-3175



Future Dates
4th Friday of the Month
February 28, 2020
March 27, 2020

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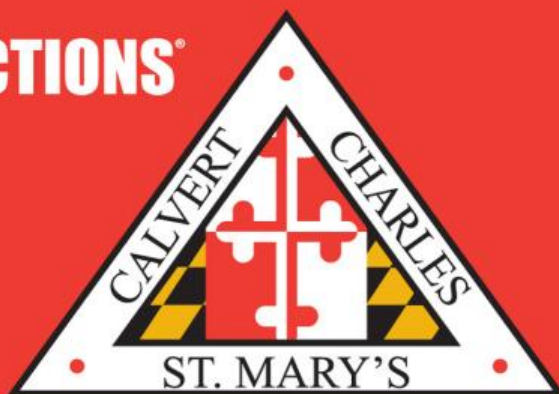
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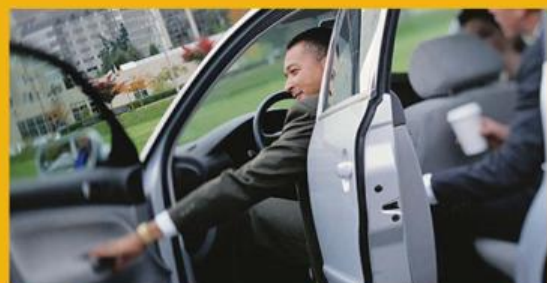


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