

FREE

# St. Mary's County Times

THURSDAY, AUGUST 6, 2020

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# TROOPER 7 TO THE RESCUE

<b>INSIDE</b>	<b>County Tops 1,000 COVID Cases</b>	<b>Dollar General Plan Approved</b>	<b>Senior Living in St. Mary's</b>
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### ON THE COVER

Trooper 7 Pilot Stephen Ryan, Technician Michelle Zeigler, Paramedics Sgt. Tabitha Long and Lt. Nathan Wheelock and Pilot Steven Lubberstedt



### LOCAL 5

University of Maryland Student Bri Corley on her County Times Internship



### COMMUNITY 21

Land trust closes deal on Great Mills easements

**“TO PUT THAT ON THE CHOPPING BLOCK... IS COMPLETELY UNREASONABLE.”**

SEN. JACK BAILEY ON THE POSSIBLE CLOSING OF A MARYLAND STATE POLICE HELICOPTER BASE.

## WEEKLY FORECAST

Thu 8/13	Fri 8/14	Sat 8/15	Sun 8/16
83°   71°F	82°   71°F	81°   69°F	80°   68°F
Scattered	Scattered	AM	Scattered
Mon 8/17	Tue 8/18	Wed 8/19	Thu 8/20
81°   69°F	82°   67°F	79°   67°F	79°   68°F
AM	PM Showers	AM Showers	Scattered

## INSIDE

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# COVID-19 Cases Pass 1,000 in St. Mary's

By Guy Leonard  
Staff Writer

The St. Mary's County Health Department confirms that the number of cases of COVID-19 here has reached 1,023.

Dr. Meena Brewster, county health officer, warned residents that community spread of the virus, which has killed 52 people in the county, is still a serious problem.

"In the past few weeks, we have seen the pace of this pandemic accelerate," said Brewster. "Community residents need to be diligent about key infection prevention measures – wear face coverings indoors and outside, social distance, wash hands, and disinfect commonly touched surfaces.

"Stay tough and committed for the months ahead. We need everyone to help our community overcome this disease."

While the number of cases continues to climb the number of hospitalizations has remained relatively stable – there have been 130 hospitalizations since the pandemic began – and the rate of fatalities has dropped precipitously.

Data also shows that 598 patients have recovered and been released from isolation.

Health department data shows that from June 28 through Aug. 2 there has been only

one death due to COVID-19 in St. Mary's.

The deadliest week in St. Mary's from the novel coronavirus was May 31 with 13 fatalities.

The majority of deaths, 37, have been between the ages of 70 and 89. Just three fatalities have occurred under the age of 70 years old; 12 deaths have occurred in the range of 90 years old and above.

Brewster has said that most deaths have occurred at the Charlotte Hall Veterans Home, which is the central viral hotspot in St. Mary's.

There have been 61 deaths of residents at the facility, far above the official tally for only county residents, with one death among the staff.

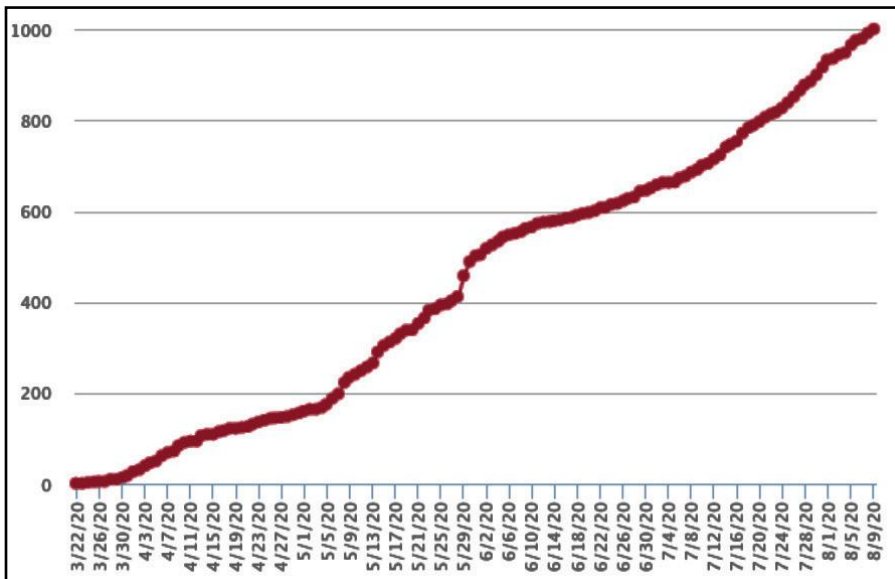
The veterans home takes in residents from the entire state and jurisdictions only report those deaths which are their residents regardless of where they died.

Health department data shows 35 county residents have died at the veterans' home; there have been 304 cases confirmed there with 208 among residents and 96 among staff.

Of those 124 residents have recovered as well as all but one of the staff there, according to the latest health department data.

*guyleonard@countytimes.net*

## Total COVID Lab Confirmed Cases in St. Mary's County Residents



# COVID-19

Positive Cases | Deaths

As of August 12  
St. Mary's **1023** | **52**

Information provided by St. Mary's Health Department

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# Schools Moving Ahead With Virtual Opening

By Guy Leonard  
Staff Writer

Dr. J. Scott Smith, school superintendent, told the Board of Education on August 12<sup>th</sup> that the system was moving ahead with its intended plan to open classes virtually in the fall but he made a pledge of sorts that someday school would return to normal.

"This is the plan as we've worked on it," Smith told the school board at their Aug. 12 meeting. "We will start virtually, and we will be virtual through the first quarter."

Board members alluded to following Smith's lead on reopening schools during the meeting leading up to the superintendent's announcement.

Board Member Cathy Allen said whereas other school boards had voted on adopting reopening plans, they chose to leave that to the superintendent.

"We determined... we do not have the authority to do that," Allen said. "That authority belongs to the superintendent."

"While we control the calendar, we do not control how it is operationalized."

The state Department of Education has required that each school



Superintendent Scott Smith

system put on-line their reopening plan, but Smith said there was no formal submittal process to the state agency of the plan.

He assumed this to mean that the state would give its approval by

viewing the county's schools website, he said.

"We assume on Friday they will be checking everyone's websites for compliance," Smith said.

Smith said confidently that both students and teachers would – one day yet to be determined – return to school buildings.

"Buses will roll," Smith said. "Ultimately... everyone will return."

"They may not roll in August, they may not roll in September but they will roll eventually."

The school system's change to the Schoology on-line platform for delivering instruction meant that school days would be much more regimented, despite being virtual, than they were during the remainder of COVID-19 impacted 2019-2020 school year.

Teachers will be working from their classrooms.

Starting Aug. 31 each student will have a complete schedule of classes and each class will have real-time interactivity on-line from Monday through Thursday.

Friday's will be reserved to allow teachers to coordinate the following week's lessons; students will engage in independent learning on-line.

The Schoology plan also includes multiple graded assignments and assessments for each student to complete; these will determine the grades for each course.

Smith said by October or November the school system would examine levels of the COVID-19 infection to determine whether students could be brought back into a hybrid – on-line and in-person learning – model of instruction.

"We will then see to what extent we can serve children," he said.

*guyleonard@countytimes.net*

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# Callaway Dollar General Plan Approved

By Guy Leonard  
Staff Writer

The county's planning commission unanimously approved a concept site plan for a new Dollar General store in Callaway at their Aug. 10 meeting.

The owner of the property is a partnership between St. Mary's Nursing Home LLC and Penntex Ventures, LLC.

The proposal calls for a 9,014 square foot store to be located on Point Lookout Road.

Their approval came with some conditions, however, including a requirement that the property be subdivided and that architectural changes be made to the building.

The developer must also follow guidelines from the State Highway Administration (SHA) on the construction of entrances and exits to the site which includes a one-way single left turn lane between Route 249 and Soaring Eagle Way.

SHA estimates that 75 percent of the traffic coming into the Dollar General would be making a left-hand turn from Route 5.

Fulfilling all the conditions set by the planning commission was also a

requirement for a use and occupancy permit.

Some residents of Callaway opposed the Dollar General plan, as well as a proposal for a new 7-11 store.

"Another Dollar General store already exists less than [four] miles away on Great Mills [Road]. There is another Dollar General store 10 miles away in the opposite direction in Leonardtown," wrote Brenda Chaillou. "There are also Family Dollar stores located in Great Mills and Leonardtown, as well as a Dollar Tree store located at San Souci Plaza.

"We do not feel that our area needs another dollar type store in the Callaway area."

Commission Chair Howard Thompson said the architectural changes to the exterior of the building would put it more in keeping with other buildings in the Callaway area.

"All four sides of it were corrugated material," Thompson said of the original plan. "When it came before us, they changed it to a brick façade."

*guyleonard@countytimes.net*

# Town Looking For Sludge Solution

By Guy Leonard  
Staff Writer

The Leonardtown Town Council approved a one-year contract renewal for their current sludge hauling service from their Van Wert Lane Wastewater Treatment Plant but have also commissioned a study to find alternatives to their current situation.

Currently, Old Line Environmental is the only service available who has access to a site for sludge disposal and town records show that finding landfills that will accept the refuse product from the wastewater treatment process are becoming increasingly difficult to find.

Last July the town continued Old Line Environmental's contract with a substantial increase in price to haul the sludge – from \$80.33 per wet ton to \$127.25 per wet ton – and this year they added another increase, albeit small.

One of the key issues in the sludge hauling problem is that the town lacks space to store more of the sludge to dry out; more space for sludge drying would mean fewer hauling trips.

The price now is \$127.40 per wet ton. Town Administrator Laschelle McK-

ay also informed the town council that the digester tank at the treatment plant was found to have sustained damage during Tropical Storm Isaias and had to undergo emergency repairs.

"We're going to have a major overhaul," McKay said at the Aug. 10 meeting. "It looks like September before the company can get here."

The crew at the sanitation plant were able to work with engineers to bypass the problem in the tank – two holes – and keep the system running, McKay said.

"It's an old piece of equipment and we are going to keep in in the expansion, so it is something that needs to be repaired and kept online," she said.

Mayor Dan Burriss said, however, that the plant was able to weather the storm well.

"At the treatment plant we had no overflow from the storm," Burriss said. "We had nine inches of rain at the plant."

"We were very lucky," McKay said, praising the crew at the plant for their efforts.

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# MSP Helicopter Division Could Face Cuts



By Guy Leonard  
Staff Writer

A study sponsored by the state to examine the feasibility of shutting down one of seven helicopter bases around the state as cost saving measures in the time of COVID-19 is due sometime this summer.

And while it is uncertain that any bases will be shuttered, Sen. Jack Bailey (R-Dist. 29), is concerned that the conversation has even taken place.

The Board of Public Works, which comprises just Gov. Larry Hogan, State Treasurer Nancy Kopp and Comptroller Peter Franchot, voted several weeks ago to pursue the possibility of a helicopter base closure.

Bailey said he believed any closure would most likely affect a rural area such as Southern Maryland, the Eastern Shore or Western Maryland.

Trooper 7 is based at the St. Mary's County Airport in California.

Southern Maryland is without a trauma center, with the closest being in Prince George's County.

Bailey said it would be "impossible" for an ambulance to take a critical casualty to a regional trauma center in what it known as "The Golden Hour," or limited amount of time in which to save a life.

"This is an utterly ridiculous discussion when it comes to public safety," Bailey told The County Times. "To put that on the

chopping block... is completely unreasonable."

Bailey said that last week the Board of Public Works voted to cut all funding for the Department of Natural Resources Natural Resources Police aviation division as well.

Those helicopters were mostly for law enforcement purposes, Bailey said (he was once an NRP officer), but state police helicopters had the special task of being medical evacuation units.

"This is what levels the field for aid to the accident victims in rural areas," Bailey said. "What we have right now is working."

Board of Public Works documents show that shuttering one base would save the state \$1.3 million in aviation insurance, maintenance, and overtime costs; the plan includes selling the helicopter before closing its base.

The proposal is part of an overall \$6.4 million cut planned for Maryland State Police.

County Commissioner Todd Morgan said he also opposed any cuts to public safety.

Years ago, his wife, who later succumbed to her injuries sustained in a high-speed collision near their home, was airlifted via Trooper 7 to a trauma center.

"There are a lot of things out there government should be looking to cut," Morgan said. "When you start going after public safety that's ridiculous."

*guyleonard@countytimes.net*

# Appeals Board to Hear Processing Plant Case

By Guy Leonard  
Staff Writer

An application for a conditional use permit for a chicken processing plant in Mechanicsville is on the county's Board of Appeals agenda for today's meeting.

The processing plant, which would be located in the rural preservation district on Dixie Lyon Road, would focus on smoking pre-butchered chickens for wholesale, according to county planning documents.

The property upon which the plant would be situated is 60.73 acres in size and owned by Noah and Annie Fisher, who are farmers.

The site would include a 2,400 square foot building to process the poultry, an external smoker and a gravel parking lot with a paved section for required Americans with Disabilities Act (ADA) compliance.

The project has drawn opposition from nearby homeowners due to worries over increased traffic on a country road as well as environmental impacts.

"We are very concerned about the negative effects our community would experience as a result of a plant such as this operating here," wrote Trisha Ibarra in a public comment letter. "A chicken processing plant would bring with it unbearable odor, health problems, increased traffic, and major pollution."

Another opponent said the processing plant would do little to increase

the economic development of St. Mary's County.

"This business has no intention to promote any type of commerce that will benefit St. Mary's County or its residents," wrote David Kirkpatrick to appeals board Chair George Allen Hayden. "The proposed business is not going to offer any job opportunities to residents of the county. All sales of the smoked chicken will be to wholesale buyers outside of St. Mary's County."

The owner of the site has said in county records he would likely employ one to two people to assist in his business.

An official with the Southern Maryland Agricultural Development Commission (SMADC) commented that the applicant had worked diligently through the approval process.

"Mr. Fisher has thus far met every regulation for approval of his on-farm business," wrote Craig Sewell, project and infrastructure manager for SMADC. "He has a clear understanding of his responsibilities under regulation and to his neighbors."

"His business of smoking chickens clearly falls under his right to farm on his property. It should be noted that his business, once it passes final inspection, will be under inspection of the USDA/FSIS. The inspectors will monitor daily, weekly, and monthly logs, refrigeration units and the general sanitation of the business."

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Outdoor chicken smoker

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# A County Times Internship Being Thrown Right In

By Bri Corley  
Contributing Writer

As a journalism student at the University of Maryland, my experience with journalism is to walk into class, sit down, and listen to a professional talk about ethics and grammar and all sorts of case studies for 75 minutes, then walk back to my dorm without a second thought. I'm thankful for my education and the people in the field I get to meet through UMD, however, it certainly isn't what was going to make me a reporter prepared for the real world.

When I got the opportunity to intern for The County Times, I was excited. Not only would I get the chance to be on the same level as other reporters, but it was on my home turf of St. Mary's County. At a time where many of my friends had their internships canceled due to the pandemic, I really was in the best-case scenario.

I didn't know what to really expect when my internship started, but when my first reporting event was at a protest of nearly 1,000 people, I felt like I was thrown right in. Since then, I have covered current events, business, sports, education,

and even had a feature story that ended up on the cover for the July 30th issue. I went out of my comfort zone for interviewing, research, editing, and writing about things I never really saw as my forte. While at this internship, I really got to work on being flexible and being able to cover a wider range of topics, which is a skill that will benefit me in any career field. I also got to work more on deadlines and short notice stories that needed coverage. These are commonplace in journalism so getting the responsibility of it at a young age is an experience I'm grateful for.

A big thanks to all the people across St. Mary's and Calvert County that I bombarded with phone calls and emails and repetitive questions. I know it may have seemed annoying, but I hoped you all read the stories I featured you in and were proud of how they turned out. An extra big thank you to Dick Myers and Guy Leonard. They were my points of contact and higher-ups at the County Times and gave me good guidance and topics to run with that evolved into stories that I'm very proud of. I really could not have done it without you guys. I ap-

preciate getting the opportunity in the first place and having such an educational experience here.

Overall, this summer has been a crazy one for everybody, but my internship at this paper has given

me learning experiences that I will carry with me throughout my career. I appreciate being able to work for you all and I cannot thank you enough for this opportunity and experience.



University of Maryland student Bri Corley of Mechanicsville

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# Electric Vehicle Charging Station Authorized



Commissioner President Randy Guy signed a Right of Way Agreement Friday, Aug. 7, 2020, granting SMECO access to the Leonardtown Library and Garvey Senior Activity Center property for the construction of an Electric Vehicle Charging Station.

Library Director Michael Blackwell said, "We are excited to partner with SMECO to offer an electric vehicle charging station. Libraries are all about sustainability through sharing. Thanks to the St. Mary's County Government,

our Wi-Fi extends out to the station, so electric car owners can charge their vehicles while in the library or even stay in them if the weather is nice. The station will be close to a horse hitching post, offering fun views of St. Mary's past, present and future in one place."

This project is the first of 20 proposed Electric Vehicle Charging sites planned for St. Mary's County. The charging stations will be constructed and maintained by SMECO and, when complete, will be available for 24-hour access.

# Sheriff's Office Investigating Double Fatal Crash in Callaway

On Wednesday, Aug. 12 at 6:02 am, St. Mary's County Sheriff's Office Deputies responded to a motor vehicle collision at Piney Point Road and Take It Easy Ranch Road in Callaway. The Sheriff's Office Collision Reconstruction Unit responded to the scene and continued the investigation.

Preliminary investigation determined that a Chevrolet S10 pickup truck, operated by Joseph Quade, 73 of Callaway, attempted to turn left from Piney Point Road onto Take It Easy Ranch Road. While making the turn, the vehicle was struck by a Toyota Sequoia SUV, operated by Andrew Rogers, 33 of Callaway.

Joseph Quade, the operator of the Chevy S10, and passenger John Quade, 79 of Cal-

laway, were both flown out to Washington DC area hospitals for incapacitating injuries. At Washington Hospital Center, Joseph Quade was later pronounced deceased. Rogers was transported to MedStar St. Mary's Hospital for non-incapacitating injuries.

At this time, speed and alcohol do not appear to be factors in the collision.

Anyone with additional information about the collision is asked to contact DFC Matthew Beyer at 301-475-4200, ext. 78005 or email [matthew.beyer@stmarysmd.com](mailto:matthew.beyer@stmarysmd.com).

For official news and information, follow the St. Mary's County Sheriff's Office on Twitter @firstsheriff

# St. Mary's County Election Office to Relocate

The St. Mary's County Election Office will be relocating to the old Leonardtown Library at 23250 Hollywood Road in Leonardtown between August 17-21.

During the transition, residents with questions should call 301-475-4200, ext.

1625 and leave a voicemail; calls will be returned within 24 hours. However, matters requiring immediate assistance may be directed to Wendy Adkins, Director for the Election Office at 301-904-8346 to Wendy Adkins.

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# ST. MARY'S SHERIFF'S OFFICE CRIME REPORT

## Virginia Man Arrested for Assault and Handgun Violations

On August 9, 2020, deputies from the St. Mary's County Sheriff's Office responded to the Wawa located at 22530 Three Notch Road in Lexington Park, for the reported shooting complaint.

Preliminary investigation determined a verbal argument took place in the parking lot between the suspect and the victim. During the argument Reginald Elijah Parks, age 27 of Virginia, retrieved a handgun. While the parties argued, Parks discharged the firearm in close vicinity of the victim. The victim's vehicle, which was occupied by another individual, was struck by a projectile. The victims were not injured in the assault. Parks and the victims are familiar with each other, and this was determined not to be a random act of violence. The handgun was recovered and Parks was placed under arrest and charged with the following:

- Assault First Degree
  - Assault Second Degree
  - Handgun on Person
  - Loaded Handgun on Person
  - Reckless Endangerment
- Parks was transported to the St. Mary's County Detention and Rehabilitation Center



Reginald Parks

and remains incarcerated on a no bond status. Anyone with information on this incident that has not provided a statement to law enforcement is asked to contact Detective Austin Schultz at (301) 475-4200 extension 71953 or by email at Austin.Schultz@stmarysmd.com.

Citizens may remain anonymous and contact Crime Solvers at (301) 475-3333, or text a tip to "TIP239" plus their message to "CRIMES" (274637). Through the Crime Solvers Program tipsters are eligible for an award of up to \$1,000 for information about a crime in St. Mary's County that leads to an arrest or indictment.

## Theft Suspect Sought

The St. Mary's County Sheriff's Office is seeking the identity of the person pictured in a theft investigation. On Thursday, July 30, 2020 at 12:22 pm, the suspect placed a bottle of perfume down the front of his pants and fled the California Ulta store without paying for it.



Ulta Theft Suspect

Anyone with information about the identity of the suspect or this incident is asked to call Cpl. Alvin Beishline at 301-475-4200, ext. 78019 or email Alvin.beishline@stmarysmd.com. Case # 46880-20

Citizens may remain anonymous and con-

tact Crime Solvers at 301-475-3333, or text a tip to "TIP239" plus their message to "CRIMES" (274637). Through the Crime Solvers Program tipsters are eligible for an award of up to \$1,000 for information about a crime in St. Mary's County that leads to an arrest or indictment.

## Drunk / Drugged Driving Arrests

Joshua Alan Moore, age 31 of Mechanicsville-Driving Vehicle While Impaired by a Controlled Dangerous Substance and Attempting to Drive Vehicle While So Far Impaired by Drugs Cannot Drive Safely by Dep. Palmer# 373



Joshua Moore



Crystal Balch

Crystal Dawn Balch, age 35 of North Carolina- Driving Vehicle While Impaired by a Controlled Dangerous Substance and Driving Vehicle While So Far Impaired by Drugs Cannot Drive Safely by DFC. M. Beyer# 319. CASE# 43681-20 At the time of arrest a baggie of suspected Suboxone strips was located

as well as a scale with suspected cocaine. Balch was charged with two counts of CDS: Possession-Not Marijuana.

Aaron Matthew Powers, age 37 of Virginia- Driving Vehicle While Impaired by Controlled Dangerous Substance and Driving Vehicle While So Far Impaired by Drugs Cannot Drive Safely. Located in the vehicle was a cut straw containing suspected cocaine residue and several small baggies containing suspected cocaine. Powers was also charged with CDS: Possession-Not Marijuana by Dep. Ryczyn# 350.



Aaron Powers

Randall Edward Rice, age 55 of Indian Head- Driving Vehicle While Under the Influence of Alcohol, Driving Vehicle While Impaired by Alcohol and Driving Motor Vehicle with Alcohol in Blood in Violation of Restriction by Dep. Henry# 333.



Randall Rice

### COMMISSIONERS OF LEONARDTOWN

#### FAIR SUMMARY OF ORDINANCE NUMBERS 195 -200, 202 and 203

Notice is hereby given that the Commissioners of Leonardtown have passed, and the Mayor has approved, Ordinance Numbers 195 - 200, 202 and 203. A fair summary of each of the ordinances will follow:

**Ordinance No. 195-** Amendment to Chapter 92 of the Livability Standards and Property Maintenance of the Code of Leonardtown for the purpose of adding a 12" height limit for grass and weeds.

**Ordinance No. 196-** Amendment to Chapter 147 of the Vehicles, Removal and Storage of, the Code of Leonardtown for the purpose of utilizing State language to further define "abandoned" vehicles and how they are handled within Town limits.

**Ordinance No. 197 -** Amendment to Chapter 80 of the Forest Conservation of the Code of Leonardtown for the purpose of incorporating State mandated language concerning fees-in-lieu per Senate Bill 234.

**Ordinance No. 198 -** An ordinance in Chapter 128 of the Streets and Sidewalks of the Code of Leonardtown for the purpose of adding language to allow, with Town Council regulation, small wireless facilities on or over the Town's streets and sidewalks.

**Ordinance No. 199 -** An ordinance in Chapter 155 of the Zoning Code of Leonardtown for the purpose of adding language to allow, with Planning and Zoning and Town Council regulation, small wireless facilities as an allowed use with conditions in all zoning districts.

**Ordinance No. 200 -** An update to Section 11 of the Leonardtown Comprehensive Land Use Plan to include additional properties on MD Route 5 south of Cedar Lane into the future growth area and to include these properties in the Priority Funding Area.

**Ordinance No. 202 -** Amendment to Chapter 155 of the Zoning Code of Leonardtown for the purpose of including Assisted Living Facilities as a permitted use in the Institutional Office (I-O) District.

**Ordinance No. 203 -** Amendment to Chapter 155 of the Zoning Code of Leonardtown for the purpose of increasing the percentage of allowed multifamily dwellings from 20% to 35% of the total number of residential units permitted in the development with an increase of open space to 50% from the current requirement of 30% within a Planned Unit Development (PUD).

**Ordinance Numbers 195- 200, 202 and 203** will become effective August 31, 2020. Full text of these ordinances may be obtained at the Town Office at 22670 Washington Street, Leonardtown, MD between the hours of 8:30 a.m. and 4:30 p.m., Monday through Friday.

**By Authority:**  
Laschelle McKay, Town Administrator

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# Trooper 7's Crew Always Ready To Fly

By Guy Leonard  
Staff Writer

St. Mary's County is an aviation heavy community, but one particular aircraft is almost always seen in local skies; the Maryland State Police Aviation Command's Trooper 7 helicopter.

The AugustaWestland AW139 is one of the world's most advanced helicopters and Trooper 7 is one of many owned by the state.

Most commonly seen as a medical evacuation (medevac) helicopter, Trooper 7, with its maximum speed of about 170 miles an hour in flight, can travel from its hangar at St. Mary's County Regional Airport to Prince George's Shock Trauma in just 18 minutes and to its Baltimore counterpart in just 25.

Its crew consists of two pilots and two paramedics when it takes to the air.

"The pilots fly the aircraft," said Lt. Nathan Wheelock, a Calvert County resident and commander of helicopter operations throughout the state as well as a paramedic. "We do everything else."

The rear cabin of the helicopter is packed with medical supplies but still allows for a large open space to treat patients; it is also equipped with an externally mounted hoist designed to haul up patients or rescues.

One of Trooper 7's paramedics, Sgt. Tabitha Long, a St. Mary's County native, has a unique connection to the state police medevac service; she was born prematurely – just 24 weeks old – and she had to be transported for care to another hospital by Trooper 2, which is located at Andrews Air Force Base in Camp Springs.

The next time she took a trip on a medevac, this time on Trooper 7, at that time a Dolphin-model, French made helicopter, was when she was an EMT with the Ridge Volunteer Rescue Squad.

Wheelock brought her on board that day to help assist with a casualty.

"It's why I chose the path I chose," Long said. "I wanted to give back to the organization."

"I will always commend Ridge [volunteer rescue] for giving me my start."

The AW139 airframe was adopted in 2013 to replace the aging Dolphin design; pilots and paramedics say it is a definite



improvement.

"It's easier to move around in this aircraft," Long said. "We can do everything an ambulance can."

One procedure that can be performed on the helicopter involves using both sedatives and paralytics to stabilize a patient so they can be intubated to restore their breathing.

This is procedure, which is not often administered by emergency responders in rural parts of the state, Wheelock said, is critical for treating patients who have sustained extreme trauma, which can cause their body to tense and restrict their breath-



ing to dangerous levels.

The high-stakes, high-pressure nature of their job – saving lives – is something upon which the crew thrives, Wheelock said.

A Massachusetts native, the level of care given by Maryland emergency services and the chance to be a helicopter paramedic drove him here to pursue his career, he said.

"It's exciting; fun," Wheelock said. "But there are sad stories that make it difficult. ... you see things you wish you could unsee."

The variety of missions Trooper 7, and all other state medevac units, take part in go far beyond rushing sick and critically injured people to care, they also provide security for the state's key infrastructure, assist in law enforcement efforts, search and rescue operations and most recently in assessments of damage wrought by Tropical Storm Isaias.

Wheelock said he could see the path of a hurricane from Piney Point to Redgate and the havoc it left in its wake.

"It was a visible path of tree tops cut, barns smashed," Wheelock said. "And then there were houses just about 100 yards away without a scratch."

Whenever they get called out on a mission, which is often, the crew examines sites such as Calvert Cliffs Nuclear Power Plant, Chalk Point, the Thomas Johnson Bridge and even the Woodrow Wilson Bridge for signs of what Wheelock calls "suspicious people."

It's part of their overall homeland security mission, Long said.

"When we're coming back from a call, instead of deadheading back, we check on these places," Long said. "You never know which mission you're going to get called out on."

The advanced technology of the AW139 makes fulfilling the varied missions much easier.

The helicopter is outfitted with sophisticated cameras that can see both near and far as well as infrared optics that can track subjects in both day and night times.

Night vision capabilities now come standard as well as a highly sophisticated computer system that can be used to engage the helicopter in automated search patterns as well as an automatic hover.

"The crew all operate on night vision goggles at night," Wheelock said. "It's a tremendous safety enhancement."

"We've definitely grown with the times," Long added.

Stephen Ryan, a St. Mary's resident who comes from Tipperary, Ireland has been flying helicopters for 19 years.

He went to Australia in his younger years to learn to fly helicopters and eventually made his way to the United States because he wanted to fly the Dolphin-type helicopters that were then in use.

The latest aircraft, though, is a far superior helicopter, Ryan said.

"It's quite a fast aircraft," Ryan said. "And for what we do, it's fairly unique."

"It really takes the load off."

The ship's four-axis autopilot makes it a smooth flying helicopter, he said, and the advanced computer system takes care of adjustments pilots used to have to make themselves.

Ryan, a civilian pilot and state employee, said the level of professionalism required of state police pilots was high but it was the only place for him to fly the helicopters he wanted to.

"It was Maryland State Police or nothing as far I was concerned," Ryan said. "The variety is what makes the job."

Critical to Trooper 7's operations are support maintenance, which Michelle Zeigler, a Pennsylvania native who now lives in Colton's Point, provides.

She's only been a helicopter technician for four years, undergoing new training when she was 45 years old, but she said a friend who was a helicopter mechanic peaked her interest in them.

"He said 'Why don't you work on helicopter,'" Zeigler said, "I laughed at him."

"Then he showed one to me – a MD500 – and I fell in love."

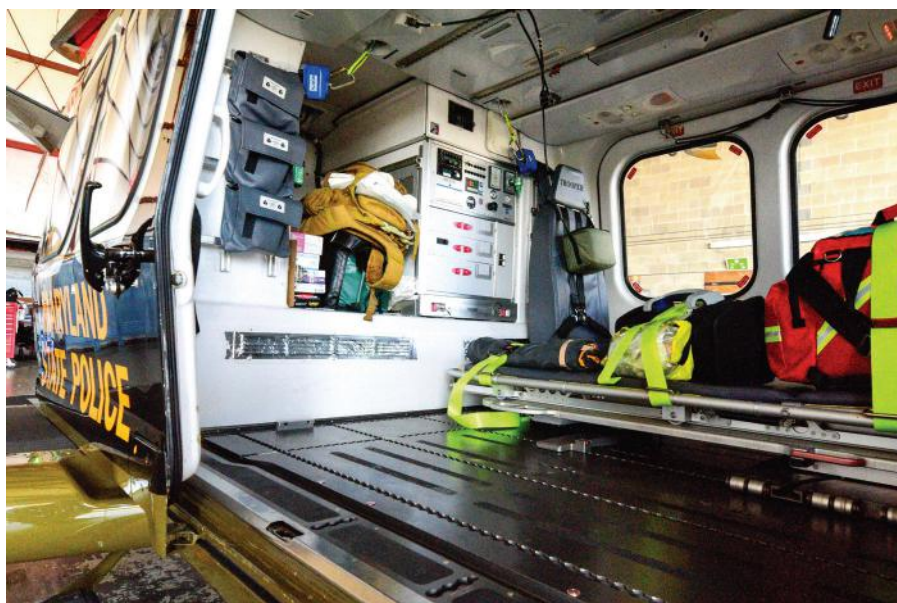
She applied to work for MSP and now says she is dedicated to supporting the mission of saving lives.

"The mission is everything," Zeigler said. "This is my helicopter."

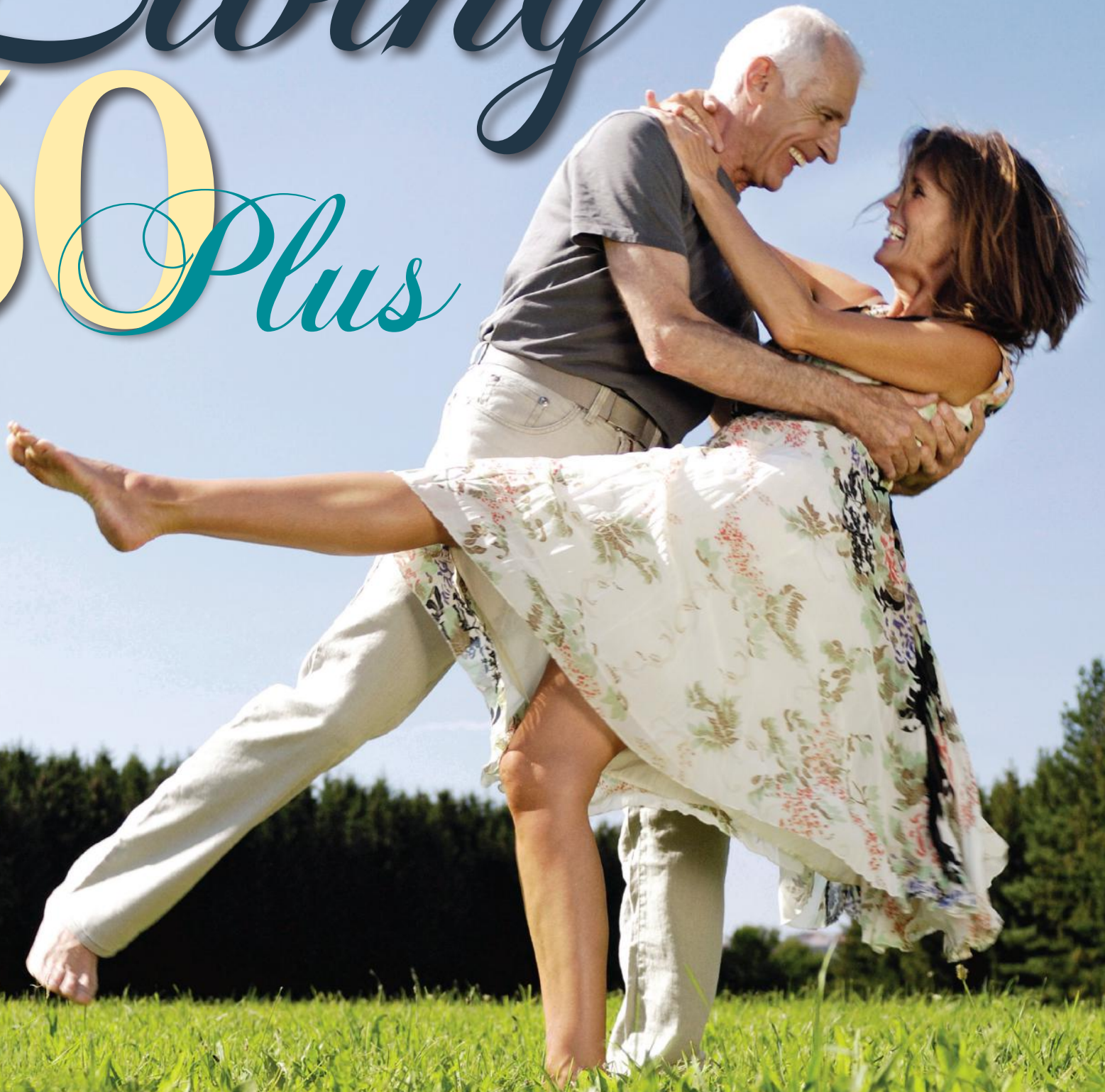
Wheelock said the crew of Trooper 7 has to work to peak capacity everyday or else lives could be lost.

"You have to be dead on," Wheelock said. "We operate in an incredibly unforgiving environment."

[guyleonard@countytimes.net](mailto:guyleonard@countytimes.net)



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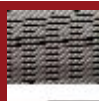
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# Senior Activities Available Virtually

By Guy Leonard  
Staff Writer

Senior centers in St. Mary's County have been closed since March due to COVID-19 but county staff and even volunteer groups have been working to find ways to help senior citizens to deal with isolation and stay active.

Dale Taylor, with the Garvey Senior Activity Center Council, Inc., said volunteers have been helping keep local seniors busy.

"They put on all kinds of classes," Taylor said. "Sometimes it's something like a crafts class."

The Garvey group has even put together an arthritis class for seniors they can take virtually from their own homes, but it still gives them a chance to talk with those they would have normally met at the center.

"I was so happy to be able to see some of the folks I hadn't seen for several months," one person posted on the council's Facebook page. "It's an excellent exercise class they now offer every Tuesday and Thursday at 9:45 a.m. and I'm glad to get back to some kind of normal."

For Wednesdays, seniors can take advantage of the Coffee and Trivia activity via Zoom; each week the game focuses on new trivia subjects and allows participants the chance to interact with each other.

The staff of the Department of Aging and Human Services also has virtual activities and classes planned for seniors. To be added to their senior activity center email list, email them at [senioractivitycenters@stmarysmd.com](mailto:senioractivitycenters@stmarysmd.com).

Some upcoming events are:

## What about Sugar?

Join licensed nutritionist Donna Taggart, RD, LD, CDE, to learn about sugar and artificial sweeteners and their impact on the body. Class will be held on Monday, August 17 from 11 a.m.-12 p.m. This program uses the virtual platform Zoom. Pre-registration is required. To learn more about the program, please contact Rachel Mowatt at [Rachel.Mowatt@stmarysmd.com](mailto:Rachel.Mowatt@stmarysmd.com).

## Pet Photo Contest

We know you're in love with your fur-babies and feathered friends. You also adore taking photos of them, don't you? Share that love with your friends by participating in our pet photo contest! Simply take a picture of your little darling(s), then e-mail it to Shellie anytime between August 17-28 (two weeks). Pictures will be put up on our department Facebook page on August 31. Winner will be determined by the greatest number of likes. Voting will take place for one week- August 31- September 4. For complete list of rules e-mail Sheila. [Graziano@stmarysmd.com](mailto:Graziano@stmarysmd.com)

## Play Scattergories on ZOOM

Candice and Shellie will be hosting Scattergories on the 2nd and 4th Thursday of each month at 10 a.m., beginning August 27. This game requires paper, pencil and computer

or smart phone to connect with us on ZOOM. The rules are easy but the categories can be challenging. If you like thinking up things that start with a specific letter while competing against a timer and other players, then this is for you! To get in on the game, e-mail [Candice.Nelson@stmarysmd.com](mailto:Candice.Nelson@stmarysmd.com). She will e-mail you the link on the morning of play. Players will be admitted starting at 9:30 a.m. so that the game can begin promptly at 10 a.m.

## The Mindful Path

What is Mindfulness and how can learning an age-old theory and techniques enhance your life? Join Gini Webster, LCSW-C, ACHT, as she guides you on the benefits of Mindfulness Practice. This is an experiential class for seniors that targets specific topics that affect all of us from dealing with pain and loss to finding meaning, relevance, and joy in each day. In this 4-week online course, you will learn the history and practice of Mindfulness in a non-dogmatic way. While there may be a universal spiritual aspect to the process, it does not require nor interfere with anyone's faith system or religious beliefs. Each class will consist of mindful movement, breathing exercises, a weekly lesson, and guided meditation. After each lesson, there will be time for Questions & Answers about the practice and the application of any Mindfulness principles. Classes will be on Thursdays from 2:30- 4 p.m. on the virtual platform Zoom. The topics will be:

**August 27:** Introduction to Mindfulness; Finding Joy

**September 3:** Mindfulness and Pain; Mindfulness and Grief

**September 10:** Embracing Life; Mindfulness and Community

**September 17:** Metta Practice; Mindfulness Going Forward

Pre-registration is required. To learn more about program, please contact Rachel Mowatt at [Rachel.Mowatt@stmarysmd.com](mailto:Rachel.Mowatt@stmarysmd.com).

Department of Aging & Human Services Offers Call-In Census Assistance

The St. Mary's County Department of Aging & Human Services is proud to support the 2020 Census by offering call-in assistance to the community. Anyone seeking help completing their 2020 Census should contact Jenny Beyer, MAP Coordinator, at 301-475-4200, ext. 1057.

According to the United States Census Website, the census collects demographic information that can affect federal funding, Congressional representation, and much more. For more information about the 2020 Census and the importance of your participation, visit <https://2020census.gov>.

For more information and updates, visit [www.stmarysmd.com/aging](http://www.stmarysmd.com/aging), [www Facebook.com/SMCDAHS](https://www.facebook.com/SMCDAHS), or call 301-475-4200, ext. 1050.



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# Amazing Benefits To Seniors Having Pets

Pets bring much joy to the lives they touch. So it should come as no surprise that the 2019-2020 National Pet Owners Survey, which was conducted by the American Pet Products Association, found that about 85 million families in the United States own a pet. In Canada, 7.5 million households are home to companion animals, states the PetBacker blog.

Pets offer companionship and unconditional love. While they are fitting for any family, seniors may find that having a pet is especially beneficial. The organization A Place for Mom, which helps match families with senior living residences, says pets provide a comfort system that produces measurable health results. Caring for pets and being around them can produce a chemical chain reaction in the brain that may help to lower stress hormones while also increasing production of the feel-good hormone serotonin.

This is not the only health benefit pets may provide. A recent study from the Mayo Clinic, which looked at 1,800 people between the ages of 25 and 64 who had healthy hearts, found that almost half owned a dog. Having a dog was likely to spur heart-healthy behaviors, like exercising with the pet, eating well and having ideal blood sugar levels.

Pets also provide emotional support and companionship that can help seniors – including those who may be divorced or widowed – feel more secure and happy. The National Poll on Healthy Aging found that, among respondents who had pets, 88 percent said their pets

helped them enjoy life, and 86 percent said their pets made them feel loved.

Seniors considering getting a pet can explore the many benefits to doing so.

- Reduce pain: A 2012 study published in Pain Magazine found therapy dogs provided "significant reduction in pain and emotional distress for chronic pain patients."

- Feeling of purpose: Caring for an animal not only stimulates physical activity, but it also can give seniors a reason to get up and go, which equates to a feeling of purpose.

- Altered focus: Having a pet can help seniors focus on something other than physical or mental health issues and preoccupations about loss or aging, according to New York-based psychologist Penny B. Donnenfeld.

- Increased physical activity: Pets require care, and that interaction can get seniors moving more than if they didn't have a pet.

- Improved health: Ongoing research from Harvard Medical School has found dog owners have lower blood pressure, healthier cholesterol levels and lower risk of heart disease than those who don't own a dog.

- Stick to routine: Caring for pets helps seniors maintain a routine. Having structure after retirement can be important to ward off risk of depression. Staying on top of feeding, grooming and other pet needs also can help prevent cognitive decline.

Pets bring many benefits to their owners' lives, and they may be the perfect remedy for seniors looking for a friend and purpose.



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# Innovative Fitness Programs For Seniors

It is important to stay active and eat healthy foods in an effort to promote fitness and well-being. This is especially true for seniors, many of whom lead increasingly sedentary lifestyles as they age.

The American Heart Association says adults should get at least 150 minutes of moderate exercise per week, or 75 minutes of vigorous aerobic activity, and a Harvard University study says that exercise can be an insurance policy for heart health.

Today's seniors have more fitness options at their disposal than ever before. SilverSneakers® is the leading community fitness program for older adults in the United States. SilverSneakers® members can participate in specially curated programs at participating gyms and community centers across the nation. According to the organization, there are more participating fitness locations available than there are Starbucks® coffee establishments. Classes are fit for everyone, no matter their experience level.

Those concerned about gym costs may find that SilverSneakers®

already is included in their Medicare Advantage plan for no additional cost. Plus, there is access to healthy living discounts from participating businesses.

Canada has begun to develop its own senior-centric fitness programs. The Healthy, Safe and Strong group exercise program is an introduction to safe exercises available for adults age 60 and older in the province of Ontario. The program can help develop better stamina, maintain or improve balance and increase strength and endurance. StrongerU Senior Fitness is a relatively new program of pre-choreographed group fitness offering instruction in four program types: cardio, strength training, stretching, and circuit training. The program addresses a need in Canada for quality and consistent senior fitness programming.

As studies show that engaging in physical activity is the most effective way for aging men and women to stay healthy, more adults may be compelled to join fitness groups that cater to the 50-and-over market.



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## Elder Care Resources

People want to grow old gracefully and maintain their independence as long as possible. There are many decisions to make as well as information to wade through to ensure needs are met and proper care is received through one's golden years. Individuals, caregivers and families may find that a few helping hands along the way can be invaluable.

Numerous elder care resources are available for those who don't know where to look. Start by researching the National Council on Aging ([www.ncoa.org](http://www.ncoa.org)). This is a national leader and trusted association that helps people age 60 and older. The council works with nonprofit organizations, governments and businesses to organize programs and services at the community level. This is a good place to find senior programs that can help with healthy aging – emotionally, physically and financially.

AARP ([www.aarp.org](http://www.aarp.org)) is yet another organization dedicated to helping seniors. The comprehensive AARP website offers a host of information on everything from senior discounts to products to health and other information specific to seniors. The AARP also has an affiliated charity that works

to help low-income seniors procure life's necessities.

At the local level in the United States, the federal government has mandated Area Agency on Aging ([www.n4a.org](http://www.n4a.org)) facilities in every county/city. These agencies can provide information on service programs available to the seniors in the area, as well as financial resources. These facilities give seniors access to volunteers who can take seniors around by car, and some provide meals-on-wheels services.

The Administration for Community Living ([www.acl.org](http://www.acl.org)) was established to help older adults and people of all ages with disabilities live where they choose. A network of community-based organizations helps millions of people age in place.

Military veterans or those who are/were married to a veteran may be eligible for various benefits through the U.S. Department of Veterans Affairs ([www.va.gov](http://www.va.gov)). The VA offers health care services, disability compensation, burial benefits, and much more.

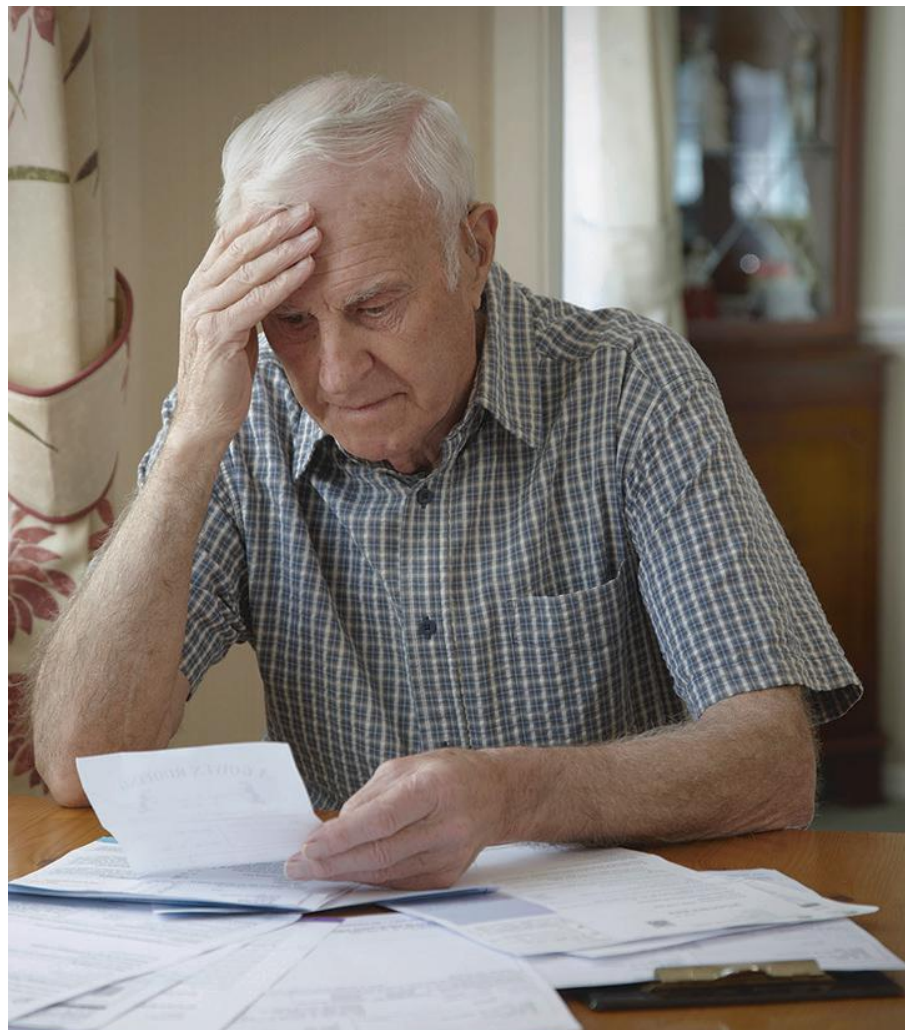
Seniors have many different resources at their disposal that can help answer questions or provide services when the need arises.

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# Healthy Eating Options For Seniors

“Let food be thy medicine” is a quote attributed to Hippocrates, the ancient scholar considered to be the father of modern medicine. The saying relates to the notion that what people put in their bodies can heal and/or prevent certain conditions.

For seniors with medicine cabinets full of over-the-counter and prescription medications, the idea of relying predominantly on food to promote optimal health may be tempting, and various foods can be particularly useful to the 50-and-over demographic.

According to the World Health Organization, poor diet is a major contributor to many of the diseases that affect older people. Poor diet has been connected to the development of diabetes, and degenerative diseases such as osteoporosis also may be linked to the foods ones eat. The National Council for

Aging Care says micronutrient deficiency is often a problem among the aging due to factors like lack of variety in diet and reduced food intake. Eating a variety of foods can provide all of the nutrients people need to stay healthy as they get older. Certain foods may be particularly helpful.

- **Brain-friendly foods:**

Foods such as avocado, leafy vegetables, sunflower seeds, blueberries, and salmon are good sources of vitamin E, antioxidants, omega-3 fatty acids, and other nutrients that may help ward off dementias like Alzheimer’s disease, advises Sonas Home Health Care.

- **Anti-inflammatory foods:**

Foods rich in omega-3 fatty acids may help prevent inflammation that can cause cancer and rheumatoid arthritis. Aging.com says foods that are high in omega-3 fatty acids, like salmon, should be

consumed at least twice per week.

- **Fruits and vegetables:** Fresh, canned or frozen produce tend to be high in micronutrients, including a variety of important vitamins that are essential for all components of health. The Academy of Nutrition and Dietetics advises eating dark green vegetables, such as leafy greens or broccoli, and orange vegetables, such as carrots and sweet potatoes.

- **Energy-boosters:** Choose whole grains that can provide sustained energy by way of healthy carbohydrates over processed grains.

- **Bone-friendly foods:** Calcium-rich foods, such as milk, yogurt and cheese, can prevent calcium from being leached from the bones, which contributes to conditions like osteoporosis.

- **Digestive system-friendly foods:** The digestive system slows down as the body

ages, as the walls of the gastrointestinal tract thicken and digestive contractions that push waste along may slow down and become fewer. Foods rich in fiber can promote proper digestion by moving food through the digestive tract more easily. High-fiber foods also may help naturally reduce blood cholesterol levels.

- **High-iron foods:** Without enough iron in the body, a person may feel tired and lethargic from a reduced production of hemoglobin, which carries oxygen in the blood from the lungs to the rest of the body. A lack of oxygen in body tissues from anemia can be serious, says the National Council for Aging Care. Tofu, spinach, lentils, pumpkin seeds, and fortified breads and cereals are high in iron.

Smart food choices can help seniors live long and healthy lives.



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# Land Trust Closes on Great Mills Easements



Fields, woodland, and wetlands on the Clifton Factory

On the day Isaias hit St. Mary's County, Patuxent Tidewater Land Trust (PTLT) closed on one of its most significant easements to date —77.51 culturally and naturally significant acres in Great Mills, St. Mary's County.

PTLT started working early in 2018 with the property's owners, Bob, Allan and Mike Cecil, to acquire a conservation easement to the Clifton Factory property. Funding came from Program Open Space of the Maryland Department of Natural Resources.

The property, now protected forever, is located immediately adjacent to the southern end of the St. Mary's River State Park where the river flows beneath Indian Bridge Rd. It includes land at the confluence at the mainstem of the St. Mary's River and two of its western branches. Mostly forested, a large portion of the property lies within a Sensitive Species Project Review Area, and much of it is Forest Interior Dwelling Species habitat. Its river sections support freshwater mussels, fish, and macro-invertebrates.

The tract includes significant cultural resources, including pre-colonial and early colonial occupation and industry. This property adjoins the Cecil's Mill Historic District, a national historic district consisting of Cecil's Mill, Cecil's Country Store, the old Cecil home, and Old Holy Face Church. The newly pro-

tected land is believed to include sites that played a role in the early mills and factories of Southern Maryland which contributed to the area being named Great Mills. An early colonial potter operated on a portion of the property, using a rare purple clay quarried from the site.

"It's not often that PTLT has an opportunity to protect such an ecologically and culturally significant tract of land," said the organization's president, Frank Allen. "The Cecil brothers showed remarkable patience, given project delays due to the pandemic. I'm appreciative of the many volunteer hours of work by Bob Prine of PTLT; Also thanks to Program Open Space's Cheryl Wise, as well as Michele Snyder and Bill McKissick of the Dugan, McKissick & Longmore law firm to make this project work."

*Press Release from PTLT*



Old Holy Face Church

## Public Notice

### Charles Memorial Gardens Cemetery Clean Up

Charles Memorial Gardens Cemetery will begin the annual fall clean up on October 15th through October 31st. We will be cleaning up the grounds from the preceding seasons and preparing the cemetery for the new season. If you wish to save your tributes and decorations, please remove them before the clean-up period. During these dates, we ask that you refrain from placing new decorations until November 1st. Please visit our website [www.charlesmemorial.com](http://www.charlesmemorial.com) or our front office for our Rules and Regulations.

## Home School Forums Planned

ReOpen St. Mary's, jointly with Return2Learn, will be conducting 2 home schooling forum for those parents who would like to do their own home schooling, either in conjunction with, or separate from, those public school online or in person classes. This forum will be held on Friday, August 14 at 6:30 pm at Callaway Baptist Church, located at 20960 Point Lookout Road, Callaway, MD 20650.

Event organizer, Cindy Jones, hopes to reach parents who are considering home-schooling for the first time. She has

homeschooled for over six years. "I remember having questions and not knowing where to go for the answers. It was very beneficial to have other homeschoolers to talk to about my concerns."

ReOpen St. Mary's is a local group formed in response to COVID-19 governmental overreach. Return2Learn is a community-based non-partisan group focused on equitable, practical, evidence-based student friendly policies for reopening Maryland schools.

Contact [ReOpenStMarys@gmail.com](mailto:ReOpenStMarys@gmail.com) for more information.

**Pet**   
**OF THE WEEK**  
**MEET STELLA**



Cats don't play with hearts  
 Like humans do  
 Once a cat has chosen its' human  
 Game Over!

Greetings all, my name is Stella. I'm a SMART INQUISITIVE 2 YEAR OLD FEMALE who will just LOVE to hang out with you and see what you are doing. I also hope that you will get the laser pointer out cause I'M SERIOUSLY LASER CAT CRAAAZY! I'll chase all day long! If you are looking for a FUN, ENTERTAINING, LOVING, NEW BUDDY to hang out with, I'm the kitty for you! Get laser focused now and email the wonderful TCAS gang at [animalshelter@charlescountymd.gov](mailto:animalshelter@charlescountymd.gov) to schedule an appointment to meet me. You can BE MY MIRACLE so PLEASE CHOOSE ME! When you choose to adopt from TCAS, you are literally saving a life.

And remember, if there is room in the heart, there is room in the house.

To see more of my amazing friends also available for adoption, "like" us on Facebook @ Tri-County Animal Shelter Southern MD or view us on our website at <https://www.charlescountymd.gov/services/animal-care-control/tri-county-animal-shelter>

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## Historic Sotterley Holds Transcending Narrative:

*The Art of Healing*  
Featuring Merideth Taylor

Now in its third year, Historic Sotterley's Common Ground Initiative continues with a weekend of programming this August. This event will be held virtually on August 22nd from 1:00—2:30 pm: Transcending Narrative: The Art of Healing.

Merideth Taylor, Professor Emeritus at St. Mary's College of Maryland in theatre, dance, film, and the dramatic arts, will recall her experiences in a college theatre class presentation that transformed students to deeper empathy, understanding and racial healing. Join us for an insightful exploration in the art of healing. As an educator, Taylor uses her artistic talents to enrich others and promote racial healing through expression of body and mind with movement and theatre. Her latest book, *Listening In: Echoes and Artifacts from Maryland's Mother County*, uses photographs of old and abandoned structures to con-

nect to the landscape, people, and place. In 2009, she produced the film, *With All Deliberate Speed: One High School's Story*, about the desegregation of Great Mills High School.

The mission of Sotterley's Common Ground initiative is to bring descendants, community and partners together to provide education, resources, remembrance, and celebrate cultures to aid in healing; to help uncover and eradicate racism and discrimination in all forms; to promote social equality and justice through interpretation of authentic history and its relevance to effect social change, while encouraging individual and group activism.

While this virtual will be held free to the general public, on-line registration will be required to participate. Event details and registration links can be found at [www.sotterley.org](http://www.sotterley.org).

## HSMC and CBMM Host Maryland Dove Virtual Symposium



With construction underway on the new Maryland Dove in St. Michaels, Md., Historic St. Mary's City (HSMC), and the Chesapeake Bay Maritime Museum (CBMM) are offering another Symposium on Building the New Maryland Dove. With a morning session scheduled for 10:30 a.m.—noon and an afternoon panel discussion from 1–2:30 p.m. on Monday, Sept. 28, this event will be similar in scope to the Symposium held in fall 2019 at CBMM.

During the symposium, staff from both HSMC and CBMM will explore the history of the original Ark and Dove, and the research, design, and

construction plan for the new build. The day's events will include two sessions, a morning talk, and an afternoon panel discussion. Those interested may register online [cbmm.org/dovesymposium](http://cbmm.org/dovesymposium).

Built in a shipyard near Cambridge, Md., in 1978, Maryland Dove is owned by the state of Maryland and operated and maintained by the Historic St. Mary's City Commission. From now through 2021, CBMM's working Shipyard is constructing the ship's successor in full public view. To learn more about Maryland Dove and CBMM's efforts to build the new vessel, visit [marylanddove.org](http://marylanddove.org).

## Tropical Storm Yard Debris Collection Continues

Through Sunday, Aug. 16, residents may continue to take storm-related yard debris, including leaves, limbs and other organic materials to the following two sites for burning:

**Mattingly Burn Site**  
23000 Cedar Lane Road  
Leonardtown, MD 20650

**Kessler Burn Site**  
18793 Three Notch Road  
Lexington Park, MD 20653  
For more information, please contact the Department of Public Works & Transportation at 301-475-4200, ext. 3527, or visit the website at [www.stmarysmd.com/dpw](http://www.stmarysmd.com/dpw).

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# Arts are Alive and Well at CSM

## *Fine Arts Reaches New Levels*

Embracing the adage “the show must go on,” the Fine Arts instructors at the College of Southern Maryland (CSM) have come up with creative ways to keep students learning and engaged in a mostly virtual learning environment. With a couple notable exceptions, every art, music, theater dance and digital media class will be held this fall semester.

“CSM’s visual arts, music, theater, and dance faculty have developed innovative approaches to teaching the arts in an environment combining web and face-to-face components,” Associate Dean for Liberal Arts & Chair of Visual & Performing Arts Dr. Steve Johnson recently told students in a virtual student orientation.

Moving to remote operations was an easy lift for the traditional subjects as CSM has been offering online learning for 20 years, but courses that required hands-on instruction such as those found in many Fine Arts programs had to stretch last spring to wrap up projects and shows that were already in rehearsal.

“We all learned a lot,” Johnson said. “This fall, Fine Arts students in studio and performance classes will learn the foundations of their classes online through traditional web methods as well as Zoom and other online approaches at the scheduled class times. Later in the semester, students will have in-class opportunities to practice their skills in a carefully designed social distancing setting.”

He said small choirs, the Barbershop group and the salsa ensemble will perform small combos; however, concert band which has always involved 40 or 50 people will resume in spring 2021.

This is a remarkable time in fine arts education, Johnson continued.

“During times of stress, it has often been the Fine Arts that people turned to for comfort,” Johnson shared. “Now more than ever, music, theater, art and dance provide not only an educational foundation for a possible career but we also provide a remedy for people as they navigate the uncertainties of the pandemic.”

Students Performed Better – and All that Jazz

CSM Ballet, Jazz and Ensemble Instructor Laura Hutchinson, of St. Mary’s County, said there are silver linings to teaching in a virtual environment that she could have never predicted.

As her classes will continue to do in



CSM Major Movements in Western Theater student Tianna Dailey interprets a character from *The Good Woman of Setzuan* for her virtual theater class.

the fall, her spring classes met via Zoom to practice and rehearse with students using a chair, kitchen counter or table in their homes. Hutchinson filmed herself teaching various moves and positions and posted the lessons online for students to watch and review. Any other semester Hutchinson’s dance students’ final exam involved performing on stage at CSM, but last spring her students had to film themselves and submit their performance for a grade.

“The students were very creative – maybe even more creative – than they would have been on the stage at CSM,” she said. “I saw a completely different side of them because they were in their own environment and they let their environments become a part of their performances.”

Hutchinson did not want to downplay pandemic fatigue, though.

“It was definitely difficult in the spring because right before the pandemic – we were all preparing for a show and our show just got shut down,” she explained. “But I will say in the dance community there are so many opportunities to reach out to dancers and choreographers because everyone is the same situation and we all want to help each other.”

She added that she has every intention of working with her students this fall to put on a virtual show.

“Maybe we’ll call it the Art of Zooming.”

“We Went to Where the Students Have Been All Along”

CSM Adjunct Theater Professor Michelle Ebert Freire said she too is looking forward to a creative fall semester with her students because of the unique twists and turns her spring semester students took.

“When we had to switch to remote operations, it was such a quick turnover and we didn’t have time to creatively plan,” said Freire, who teaches Major Movements in Western Theater, Creative Expression in the Theater and Intro to Theater. “But all of my classes stayed very interactive. It was fascinating. There were debating and discussing topics more than they ever would in class.”

Freire pointed out she and her colleagues “went to where the students have been all along – on social media – in chat

rooms – sitting at home gaming.”

“We were able to do a lot of fun things,” she continued. “I am looking forward to the fall. I found it actually kind of exciting to see what the students came up with outside of the constraints of the classroom. There was more depth of thought and creativity. A lot of acting is getting to know yourself. It can make people uncomfortable in a classroom. But there is a safety feature when students are in their home. I think they reach deeper and share more.”

She doesn’t want to give away all the surprises, but Freire said the fall semester acting classes will be fun.

“I have a lot of ideas for the acting class,” she laughed. “We will be working on learning technique. Different solo acting exercises. One or two projects where students are performing a monologue. It’s not theater, it’s not film. Let’s just say Zoom has created a new theatrical art form. I can’t wait to put those Zoom backgrounds into use.”

There is a New Spin to Ceramics

In no class is the term ‘hands-on’ more necessary than in a ceramics class. Ceramics Instructor Alice Yutzy – who has taught beginning, intermediate and advanced ceramics and studio ceramics for many years at CSM – said her biggest lesson in moving her classes to a virtual environment was how to simplify her lessons.

“I learned pretty quickly last spring that I cannot take the same curriculum I had and put it online,” Yutzy said. “It was way too rich and contained too much information. There were way too many emails back and forth and it got really, really tedious for all my students and myself.”

She said she carved out some time and created ‘guidelines for home’ that she continues to refine for her upcoming fall semester. She offers her students tips to work at home that include guidance about finding a safe dedicated space to work and how to keep everything in that space.

“Preferably somewhere where the cats or a two-year-old can’t get to their art work,” she laughed. “I also advise students not to wash their hands in their own sinks. At school we have a sediment trap.

They could damage their septic systems.”

She said she also struggled last semester with not being able to keep a watchful eye on her students while they were creating their ceramic art.

“I don’t get to see it throughout the process,” she said. “Normally I watch them work and help them adjust where needed.”

But nonetheless, her students did great work. “Amazing work,” she emphasized. “Working at home by themselves is actually better. They are not distracted by conversations or other people’s work. When the students would send in their photos of their work, I was blown away. It was that good.”

But by mid-summer, Yutzy said she had a solid plan for her student next semester.

“Right now, students will have to come in and pick up clay and tools; I will give them introduction; and then we’ll do the work in real time technology,” she said. “They’ll have to bring their projects on to campus to be fired. They will have to come in to glaze their projects too.”

Her husband Dee DeLauder is a photographer and he is filming videos of Yutzy demonstrating different techniques for her to share with students. “It’s our first time working together,” she joked of her husband’s teamwork. “We’ll have to see how this goes!”

The School of Liberal Arts offers programs that will expand your cultural knowledge, help you translate meaningful self-expression into exciting professional opportunities, and give you a foundation of knowledge in the humanities and social sciences. Learn more about this Guided Pathway and the many fields of study at <https://www.csmd.edu/programs-courses/credit/academic-divisions/ahs/>.

Learn more about CSM’s many Fine Art programs by visiting <https://www.csmd.edu/community/the-arts/>.

Apply now and register for fall classes at CSM, by visiting <https://www.csmd.edu/apply-register/>. Classes start Aug. 26 and Oct. 20.

*Press Release from CSM.*



Examples of the unique pottery ceramic students created at home in Instructor Alice Yutzy’s class.



CSM Ballet, Jazz and Ensemble Instructor Laura Hutchinson, pictured here, said her students were more creative at home than they would have been on the stage at CSM.

# CSM Secures Transfer Agreements

## Students Pursuing Four-Year Degrees

When the fall semester at the College of Southern Maryland (CSM) begins later this month, CSM students who want to further their education will have the benefits of 126 transfer and articulation agreements with 52 partners based in 16 states across the country, as well as in Paris, France. These agreements offer students a seamless transfer experience from CSM to four-year colleges and universities and empower them to broaden their horizons—intellectually and geographically.

“Partnerships such as these provide our Hawks with opportunities to continue receiving a top-quality education according to their needs and ambitions,” said CSM Coordinator of Transfer and Articulation Jacqui Rogers.

Rogers said she has been focused on expanding the college’s collection of transfer agreements since she joined the CSM team a year and a half ago. Also called “articulation agreements,” transfer agreements are formal documents outlining a commitment between two or more academic institutions to guarantee a student transfer.

In May, CSM reported that it had landed its 100th transfer agreement to provide its students priority enrollment or guaranteed admission to 50 different four-year colleges. The new collaborations include new, renewed or expanded agreements with American Public University System; Trinity Washington University; Bowie State University; Notre Dame of Maryland University; Capitol Technology University; University of Maryland, College Park; Colorado State University - Global Campus; University of Arkansas for Medical Sciences, College of Health Professions; Stevenson University; and University of Baltimore.

Here is a snapshot of the new guaranteed transfer options:

### American Public University System

CSM graduates who receive their Associate of Applied Science (AAS) degree in Accounting can continue with their Bachelor of Science (BS) at American Public University System (APUS).

Recipients of CSM’s two-year Associate of Arts (AA) can earn their four-year Bachelor of Arts (BA) in Communication and can choose from a concentration in either Digital Communication and Media Design or in Strategic Communication.

Aspiring restaurateurs, hoteliers, event planners and other hospitality industry professionals can continue their education from their associate degree at CSM to their bachelor’s at APUS, with available hospitality management concentrations in Food Service, Lodging and Event/Meeting Planning.

### Bachelor’s in Nursing

New articulation agreements with American Public University System and Trinity Washington University, located in Washington, DC, allow graduates of CSM’s nursing program to continue their medical education with a Bachelor’s of Science in Nursing (BSN).

### Bowie State University

CSM graduates who earn their Associate of Science (AS) degree in Computer Science have new opportunities to refine their knowledge and skills in the constantly expanding and evolving field of IT. Bowie State University added easy transfer options for CSM students pursuing degrees in computer science or cybersecurity.

### Notre Dame of Maryland University

CSM has expanded an articulation agreement with Notre Dame of Maryland University. Starting this fall, CSM graduates can pursue a bachelor’s in elementary ed-

ucation close to home, at the University System of Maryland here in Southern Maryland.

### Capitol Technology University

CSM’s engineering graduates have new avenues of study open to them at the Capitol Technology University. Earning an associate degree in Engineering at CSM’s now paves the way to earn a bachelor’s in Mechatronic Engineering.

Recipients of CSM’s ASE in Electrical Engineering can likewise diversify with the four-year degree in Mechatronic Engineering or roll smoothly from their associate to bachelor’s in Electrical Engineering.

As an added incentive, students who graduate from CSM with a 3.0 or higher grade-point average (GPA) and transfer into the Mechatronic or Electrical Engineering bachelor’s programs as full-time students may be eligible for \$10,000 in transfer scholarships.

### Colorado State University and University of Maryland, College Park

Rogers said she has also secured articulation agreements with Colorado State University (CSU) - Global Campus and University of Maryland, College Park (UMCP).

UMCP and CSM signed a five-year renewal for the Maryland Transfer Advantage Program (MTAP). Through MTAP, students who complete 30 credits or more at CSM are guaranteed admission to UMCP to pursue their bachelor’s.

CSU Global offers CSM graduates a 10% discount on tuition, as well as an application-fee waiver. This discount is retroactive for all students who graduated from CSM within the past three years.

### University of Arkansas for Medical Sciences, College of Health Professions

Demand has surged nationwide for healthcare professionals of all

stripes and specialties. Graduates of CSM’s AAS in Medical Laboratory Technology can continue their students at the University of Arkansas for Medical Sciences, College of Health Professions, culminating in a BS in Medical Laboratory Sciences.

### University of Baltimore

CSM also closed a deal with University of Baltimore that provides recipients of four different CSM associate degrees with routes to two bachelor’s programs boasting 16 concentrations.

CSM grads who earned their degrees in Digital Media Production and General Studies: Media Studies have their pick from among four concentrations—Media Design and Production; Digital Theory and Culture; Public Relations and Social Media; and Media Writing—if they want to pursue their bachelor’s at the University of Baltimore in Digital Communication.

Also, Baltimore’s BS in Business Administration offers CSM accounting, hospitality and business grads their pick of 12 concentrations:

- Accounting
- Data Analytics
- Early Entry Law/Pre-Law
- Entrepreneurship
- Finance
- General Business
- Human Resource Management
- International Business
- Management
- Marketing
- Real Estate and Economic Development
- Risk Management

CSM hosts transfer institutions virtually each Thursday from 11 a.m. – 2 p.m. Representatives from two different institutions will be available to chat with students and help navigate their future transfer experience. RSVPs are required to access Zoom information. <https://www.csmd.edu/student-services/advising/transfer-services/outgoing-transfer-students/transfer-out-of-csm/transfer-thursdays>

To learn more about all of the transfer agreements and opportunities available for CSM students, visit [www.csmd.edu](http://www.csmd.edu) to conduct an online search by institution or by area of study. For questions about CSM’s Transfer Services, please visit <https://www.csmd.edu/student-services/advising/transfer-services/or> contact Jacqui Rogers, Coordinator of Transfer and Articulation, at [jrogers@csmd.edu](mailto:jrogers@csmd.edu).







# PATUXENT RIVER NAVAL AIR STATION

# News

## Next-Gen Jammer Mid-Band Pod Takes First Flight On Growler

Story by Kristine Wilcox  
PMA-234 communications

The Navy's Next Generation Jammer Mid-Band (NGJ-MB) successfully completed its first mission systems flight with an EA-18G Growler at Naval Air Station Patuxent River, Maryland, Aug. 7.

"What an incredible day for the U.S. Navy, our Australian partners, and the Airborne Electronic Attack (AEA) community," said Capt. Michael Orr, AEA Systems (PMA-234) program manager. "We witnessed a successful first flight with the NGJ-MB capability fully integrated onto the EA-18G Growler, validating the last four years of development and the extensive efforts of these last several months in preparation. I'm

extremely proud of the entire Government and industry team."

The first flight, conducted by Air Test and Evaluation Squadron (VX) 23, is a Safety of Flight (SOF) checkout that ensures the pods can be safely flown on the EA-18G aircraft for follow-on test flights.

"There was a lot of discussion on how the NGJ-MB pod would affect how the Growler handles and it was exciting to have the jet feel like any other flight," said Lt. Jonathan Williams, VX-23 test pilot. "We have a great test team to thank for making today happen and I look forward to seeing how the Growler team brings out the full potential of the NGJ-MB pod."

The NGJ-MB system, developed by Raytheon Intelligence and Space, is part of a larger NGJ system that will augment, and ultimately replace the legacy ALQ-99 Tactical Jamming System (TJS) currently used on the EA-18G Growler. NGJ-MB is an external jamming pod that will address advanced and emerging threats using the latest digital, software-based and Active Electronically Scanned Array technologies and will provide enhanced AEA capabilities to disrupt, deny and degrade enemy air defense and ground communication systems.

"The AEA community has been relying on the ALQ-99 TJS for decades," said Lt. Jonathon Parry,

NGJ-MB Aeromechanical Project Officer. "Gone are the days of isolated Surface-to-Air Missile systems that operate on a small frequency spectrum and do not integrate into a larger Integrated Air Defense System. Modern adversaries are developing complex emitters that use advanced techniques to defeat legacy jamming. NGJ-MB will provide new capabilities to the fleet to ensure spectrum dominance against current and future threats."

PMA-234 is responsible for acquiring, delivering and sustaining AEA systems, providing combatant commanders with capabilities that enable mission success.



Next Generation Jammer Mid-Band (NGJ-MB) flies for the first time on an EA-18G Growler, Aug. 7, over Naval Air Station Patuxent River, Md.

# Southern Maryland Online



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## Wanderings of an Aimless Mind

by Shelby Oppermann



### Random Thoughts



I thought, "Well I will just take out what is left of the extra fudgy brownies, smothered in homemade dark chocolate espresso ganache that I made out of the fridge and put them in a smaller container". Yeah. Two minutes later, I was happily scraping out the last bit of my brownie concoction along with a heaping, helping of French Vanilla ice cream, and releasing a satisfied, yet guilty sigh. There are still some left... don't know for how long though. What happened? How does this happen, when I swear to myself that I will not eat any goodies left over from any dinner nights with couples, especially when one of the said couple mentions a time or two how great it would be to heat the brownie in the microwave and add ice cream. Well, I can tell you it was great!!!! I just finished covering the three little brownies that are left with two layers of Press and Seal and topped it with foil so I can't see them. It really doesn't matter because my husband will find and destroy/devour them later this evening. I also need to get rid of the leftover ganache – NO, I am not throwing it out! I do not have that much willpower. Writers on prednisone will find any excuse to eat.

I hope everyone hit by last week's storm has been able to clean up the debris and get back to normal. It's so terrible what happened to several businesses, homes, and roads in the area, let's hope the rest of the summer is milder. Haven't we all been through enough this year? But this is the way life is now, and we can only hope that something really good is around the corner for us earthlings. Now is when no one would be surprised if aliens landed on earth and said, "We have come to take over your planet." There might be a few people who say, "You can have it, we'll find somewhere new."

No, I really feel that things will get better. Humans got through to the other side of the 1918 pandemic, and we will too. Lately, I have been wondering about the 1918 pandemic and how it ended. The history channel states, "By the summer of 1919, the flu pandemic came to an end, as those that were infected either died or developed immunity. Almost 90 years later, in 2008, researchers announced they'd discovered what made the 1918

flu so deadly: A group of three genes enabled the virus to weaken a victim's bronchial tubes and lungs and clear the way for bacterial pneumonia. Each of these modern day pandemics brings renewed interest in and attention to the Spanish Flu, or "forgotten pandemic," so-named because its spread was overshadowed by the deadliness of WWI and covered up by news blackouts and poor record-keeping." In the present day, we know that there are those hard at work developing a vaccine to end this one.

One change that we would've never expected is how our main fashion focus has shifted to masks. "Oh, let's see what mask will go with this outfit, or what saying, or symbol can get a message across. Masks are the new fashion statement. A few weeks ago, I mentioned that women really have no need for lipstick because the masks would smear it, unless they are seated at a bar or restaurant and have masks off, and if they really feel the need to put it on for a short amount of time. So, I finally saw a commercial this past week that showed this exact problem. I can't remember who the commercial was for, but a woman was in front of the mirror applying her make-up, then lifts her lipstick up to her mouth, suddenly realizing she doesn't need it, and puts on her mask. I bet after this is over, lipstick sales will soar.

The other day, I was at a live, in-person doctor's appointment and saw a woman leaving with a pretty mask. I said, "What a pretty mask, where did you find it". She went on to tell me and I laughed after she left, thinking how many people I have said I like your mask to. It used to be dresses or hairstyle. We are dealing with what we have been dealt and making the best of it. If this is our fashion now, then so be it. As you can see in the photo, I have quite a few fashion statement masks, and that isn't even showing my wine one, and others in the wash. You probably have just as many...maybe The County Times can sponsor a one of a kind face mask fashion show...yes, socially distant of course.

To each new day's adventure, Shelby  
Please send your comments or ideas to: [shelbys.wanderings@yahoo.com](mailto:shelbys.wanderings@yahoo.com) or find me on Facebook

The County Times runs complimentary obituaries as submitted by funeral homes and readers. We run them in the order we receive them. Any submissions that come to [guyleonard@countytimes.net](mailto:guyleonard@countytimes.net) after noon on Mondays may run in the following week's edition.

# In Remembrance

## Linda Johnson Gardiner



Linda Johnson Gardiner, 69, of Pollocksville, went home to be with the Lord following a long, courageous battle with cancer. She was an avid fan of the

Washington Redskins, enjoyed reading and spending time with her grandchildren whenever she had the chance.

She is survived by her children, Roger Lee Gardiner, Jr. (Melissa), Ronald Eugene Gardiner, David Andrew Gardiner (Kate), and Carol Ann Gardiner Cooksey (Wayne); her mother, Betty Johnson; her sister, Cheryl Coeyman (Michael); seven grandchildren and two great grandchildren.

In lieu of flowers, the family suggests that memorials be made in Linda's name to the American Cancer Society or to Community Home Care & Hospice.

Arrangements by the Mattingly-Gardiner Funeral Home, P.A.

## Winifred Arita Wilson



Winifred "Wini" Arita "Statesman" Wilson, 86 of Washington, DC formerly from Valley Lee, MD departed this earthly life on August 3, 2020 in Washington, DC.

She was born on March 27, 1934 in Valley Lee, MD and was the loving daughter of the late Mary Elizabeth Statesman and Ellis Statesman. Wini was the loving wife of the late Eugene M. Wilson, Sr. whom she married on January 12, 1980 and who preceded her in death on January 4, 2014.

Wini is survived by her siblings Alfred E. Statesman and Joseph S. Statesman both of Valley Lee, MD. She was preceded in death by her brother Warren A. Statesman, Sr. She graduated from Jarboesville, High School in 1952. As well as a graduating from the Henryton School of Nursing with a degree in Nursing. She was a Registered Nurse at Baltimore City Hospital.

## Joseph Clem Abell

Joseph Clem Abell, 88, of Mechanicsville, MD passed away on August 8, 2020 at Chesapeake Shores Nursing Center in Lexington Park, MD.

He was born on March 13, 1931 in Leonardtown, MD on the family farm to the late William J. Abell and Jane Roseanna Norris Abell.

Joseph loved living on the family farm in Leonardtown, MD and spending time working with his siblings and the farm animals. He loved his family and enjoyed spending time with them. He was a member of St. Aloysius Catholic Church in Leonardtown, MD.

In addition to his niece, Sarah R.A. Scruggs of Mechanicsville, MD he is also survived by his many other nieces, nephews and extended family and friends.

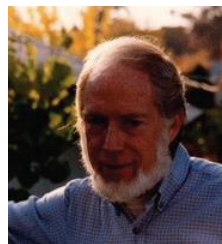
In addition to his parents, he was also preceded in death by his siblings: William Joseph Abell, Sarah Anna Russell, Thelma Downs, Richard Abell, Jack Abell, Jack Abell, Gladys Quade, and Madalene Darnell.

Family will receive friends on Friday, August 14, 2020 from 10 a.m. to 12:00 p.m., with a Funeral Service at 12:00 p.m., at Brinsfield Funeral Home, P.A., 22955 Hollywood Road, Leonardtown, MD 20650. A Graveside Service will be held on Monday, August 17, 2020 at 10:30 a.m., at St. John Francis Regis Catholic Cemetery.

Condolences to the family may be made at [www.brinsfieldfuneral.com](http://www.brinsfieldfuneral.com).

Arrangements by the Brinsfield Funeral Home, P.A.

## Donald Lenard Moore



Donald Lenard Moore, 80, of Mechanicsville, MD departed this life on Thursday, August 6, 2020 with his wife by his side at Sagepoint Senior Living.

He was born on April 28, 1940 in Hillside, MD. He was the son of the late Wirtie Zoller Moore and Pearl Rebecca (Posey) Moore.

Don met the love of his life, Ethel "Vicki" Mae Stauffer when he was a young man and knew instantly she was meant to be his other half. They married on November 9, 1963 and were married for over fifty-six (56) years. He would happily tell you the best decision he ever made was changing Vicki's last name to Moore and raising a family with his best friend.

Don was a hard-working, self-made man who ran his own small business. He worked in Sales and Trucking. He enjoyed working hard and especially with his trucks. Although he was happy to retire in 2004, he still tinkered with his own prized cars.

Classic cars and an appreciation of smooth lines, Don treasured his car collection. An active member of the Southern Knights Rod & Custom Car Club. Don was happy to offer a helping hand. The only thing he loved more than his cars was his family. A devoted husband, father and grandfather his love for his family will always be remembered. He will be missed by many but none as much as his family.

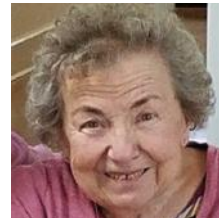
Don is survived by his wife, Vicki Moore of Mechanicsville, MD; daughters, Loree Moore LaPorte (Randy) of Hollywood, MD, and Donna Moore of Mechanicsville, MD; two grandchildren, Jeffrey Gagnon (Jessica) and Nicolas Gagnon (Alexis). He was preceded in death by his parents and brother, James Verda Moore.

Condolences to the family may be made at [www.brinsfieldfuneral.com](http://www.brinsfieldfuneral.com)

Arrangements by the Brinsfield Funeral

Home & Crematory, P.A., Charlotte Hall, MD.

## Ann Terese Dunbar Duchesne



Ann Terese Dunbar Duchesne, 87, died peacefully at her home in Leonardtown, MD alongside family & caregivers on August 5, 2020 of natural causes related to Parkinson's Disease. Ann, born in Baltimore, moved to Bethesda at age 10, attended Our Lady of Lourdes grade school, graduated from Academy of the Holy Names in Silver Spring, MD and met her future husband. She married Jack Duchesne (predeceased in 2005) in 1954 and settled in Silver Spring. During the next 10-year period, eight children joined their family and Ann had her hands full! In the dozen years before Ann & Jack built their Leonardtown retirement home on Breton Bay in 1995, they relocated to Lancaster, PA, Syracuse and Oyster Bay, NY.

Ann devoted herself to motherhood and focused most of her energy on loving her family and extended family & friends. Her children's achievements and their happy

growing families stand as testament to her dedication to motherhood. She was an avid music fan & supporter and was quite the pianist & vocalist, always finding the rich middle harmony parts when she sang in church folk choirs as well as cherished family reunions. Ann was a devout Catholic and had an unwavering faith in God, to whom she prayed daily and often attended daily mass in good health. More than anything, she loved being surrounded by family and friends. She had a strong love for everyone and had the natural ability to make people feel comfortable. Ann was genuinely loved by so many and will be sorely missed beyond words.

She is survived by her eight children: Peg of Leonardtown, MD; Jack, Jr (Sandi) of Ormond Beach, FL; Jeannie (Mike) Dettorre of Hummelstown, PA; Ann (Jim) Beacham of Westminster MD; Maureen (Jeff) of Winter Park, FL; Tom (Rosy) of Cranberry Township, PA; Ellen (Kyle) Jones of Ocean Isle Beach, NC; Martha (Eric) Christiansen of Spring Grove, PA; 18 grandchildren and 7 great grandchildren and many nieces and nephews. Also surviving her are sisters Ethel Doherty and Ellen Syquia. Predeceasing her are three sisters Marie, Dorothy & Rita and grandchild Michael Beacham.

Due to the COVID pandemic, a celebra-



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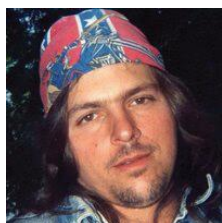
tion of Ann's life will take place at a future date closer to her burial at Arlington National Cemetery alongside her husband. As information becomes available, family will post information on <https://www.caring-bridge.org/visit/annduchesne/>.

In lieu of flowers, the family suggests donations to Hospice of St. Mary's, P.O. Box 625, Leonardtown, MD or a charity of your choice.

Condolences may be made at [www.brinsfieldfuneral.com](http://www.brinsfieldfuneral.com).

Arrangements by the Brinsfield Funeral Home, P.A.

### Hubert Allen Addison



Hubert Allen "Dude" Addison, 58, of Loveville, MD passed away suddenly at his home on August 1, 2020.

He was born on December 1, 1961 in Bluefield, WV

to the late Hubert Edd Addison and Geraldine Jo Combs.

Dude is a 1977 graduate of LaPlata High School. He was employed for many years at Charlotte Hall Lumber and Goods Lumber & Supply Company as a skilled Sawmill Operator. He was currently employed as a hard-working and dependable Warehouse Manager for UTZ Quality Foods for over five years. His hobbies included playing the electric guitar and listening to classic rock music. He enjoyed camping at Swallow Falls at Deep Creek and fishing. He had an extensive collection of children's antique toys, especially the Tonka Toys. He was very close to his family and enjoyed spending his time with them, especially having cook-outs.

He is survived by his son, Billy Joe Addison (Veronica) of Leonardtown, MD; his siblings: Linda Burch of Mechanicsville, MD, Billy Keyser of Loveville, MD, Vicky Brown (Keith) of Brandywine, MD, Brenda Coombs of Loveville, MD, Rita Lynch (Mike) of Zanoni, MO, and Cathy Addison of Mechanicsville, MD; 6 nephews; 5 nieces, 2 great nephews, 5 great nieces, and

many extended family and friends. He is preceded in death by his parents and brother-in-law, Ernie Coombs.

Family will receive friends Thursday, August 13, 2020 from 11:00 a.m. to 1:00 p.m., with a Celebration of Life Service at 1:00 p.m., at Brinsfield Funeral Home, P.A., 22955 Hollywood Road, Leonardtown, MD 20650. Interment will follow at Charles Memorial Gardens in Leonardtown, MD.

Serving as pallbearers will be Keith Brown, Hubert Brown, Eric Brown, Brian Brown, Josh Kelley, and Patrick MaHaney. Honorary pallbearers will be William Edward Burch, Jason David Burch, and Robert "Erby" Elder.

Condolences to the family may be made at [www.brinsfieldfuneral.com](http://www.brinsfieldfuneral.com).

Arrangements by the Brinsfield Funeral Home, P.A.

### Sandra Kay Bean



Sandra "Sandy" Kay Bean, 79, of Clements, MD passed away on July 31, 2020 at her home.

Born on April 1, 1941 in Sullivan, IL, she was the daughter of the late Fred Myron Clary and Emma Dean Clary (Sturgess).

After graduating high school, Sandy went to work for the St. Mary's County Department of Transportation. She worked there until her retirement in June of 2004. Sandy loved to spend time with her dogs. They were her best friends and she was always her happiest when she had her dogs surrounding her.

She is survived by her children: Frank Domonousky (Catherine) of Lawrenceville, GA and Fred Domonousky (Val) of Clements, MD, as well as 3 grandchildren: Frank Domonousky, Brad Domonousky and Nicole Shanahan, and 1 great grandchild, Drew Katherine Domonousky.

She is preceded in death by her parents and her daughter, Patricia Shanahan.

All services will be private.

Condolences to the family may be made

at [www.brinsfieldfuneral.com](http://www.brinsfieldfuneral.com).

Arrangements by the Brinsfield Funeral Home & Crematory, P.A.

### Capt. John Filip Junek



Capt. John Filip Junek, USN (Ret.), 75 of Leonardtown, MD passed away on August 6, 2020 at his home, surrounded by his loving family.

He was born on December 28, 1944 in Bethesda, MD to the late Filip Junek and Vivian (Morse) Junek.

Captain Junek is a 1967 graduate of United States Naval Academy, earning a Bachelor's degree in Naval Science. He reported to flight training at Pensacola, FL in 1967. He was designated a Naval Flight Officer in March 1968, he reported to VF-121 and F-4 training at Naval Air Station Miramar. He made two combat deployments aboard the USS Kitty Hawk followed by instruction at the Navy's "Top Gun" school, Class 10.

In March 1972, he married his high school sweetheart, Kathryn Sinclair Junek at the U.S. Naval Academy. Together they celebrated over 48 wonderful years of marriage.

After graduating U.S. Naval Test Pilot School in 1972, he served as project officer in the fighter branch of the Weapons Systems Test Division, Naval Air Test Center at Patuxent River, MD. He was also a member of the Board of Inspection and Survey for the F-14 acceptance trials.

Captain Junek returned to Pacific Fleet fighters for a tour with VF-24 in 1975 aboard USS Constellation as Personnel Officer, Maintenance Officer and Operations Officer. VF-24 won the Clifton Award, the Battle E and the MUTHA trophy twice.

He graduated from the U.S. Air Force Command and Staff College at Maxwell Air Force Base in 1979 while independently earning a Master's Degree in Business Administration and Financial Management from Auburn University. He then reported to OPNAV, Washington, D.C. where he served as the TACAIR Analyst for Strike

Branch, Systems Analysis Division (OP-962). He is designated a Weapons Systems Acquisition Manager, a proven subspecialist in Operations Analysis, Applied Logic and Engineering Flight Test and Financial Management.

Captain Junek commanded Fighter Squadron 213 aboard the USS Enterprise. His squadron was designated most improved command by the Commander in Chief, U.S. Pacific Fleet. He provided F-14 aircraft and coordinated the shipboard filming of the movie, "Top Gun."

He served as the F-14 Program Coordinator for Assistant Chief of Naval Operations, Air Warfare during the full-scale development phase of the F-14D Super Tomcat.

Captain Junek was commanding officer of the USS Roanoke (AOR 7) from 10/1989 to 4/1991. He has flown 261 combat missions, logged over 3,300 hours flight time, made 950 carrier landings in fighter aircraft, rounded Cape Horn, transited the Panama Canal and sailed six of the seven seas. He reported to SACLANC as Executive Assistance to the Chief of Staff, Supreme Allied Commander, Atlantic in June 1991.

He retired after 30 years of dedicated service to his country. After retirement he worked as the Corporate Business Development Director for Lockheed Martin Corporation where he was on the design and capture team for the F-35 Joint Strike Fighter. He spent 15 dedicated years with them. After retiring from them, he enjoyed small grain crop farming and spending time with his family, especially his grandchildren.

In addition to his beloved wife, Kathryn, John is also survived by his daughter, Karen Smart (Ray) of Leonardtown, MD and his son, John M. Junek (Annette) of Leonardtown, MD; three grandchildren: Jane and Mac Bailey, and James Christian Junek; and many extended family and friends.

All services will be private. Interment will be held at a later date at the U.S. Naval Academy, Annapolis, MD.

Condolences to the family may be made at [www.brinsfieldfuneral.com](http://www.brinsfieldfuneral.com).

Arrangements by the Brinsfield Funeral Home, P.A.



## Bernice C. Smith

February 22, 1942 – August 13, 2000



Bernice, Bernicee, BERNice, Pee Wee, Sissy, Mom, Momma, Auntie Bea, Granny, Gram

You were a precious gift from God above,  
So much beauty, grace and love.  
You touched our hearts in so many ways,  
Your smile so bright even on the bad days.  
You heard God's whisper calling you home,  
You didn't want to go and leave us alone.  
You loved us so much, you held on tight,  
Till all the strength was gone and you could no longer fight.  
He had called your name twice before,  
You knew you couldn't make him wait anymore,  
So you took God's hand and left that morning,  
Knowing that someday we'll all be together again in heaven rejoicing!



20 years has passed since then, we all still love and miss you so very much!

Sam and your loving family



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# St. Mary's Community

To submit your event listing to go in our Community Calendar, please email [timescalendar@countytimes.net](mailto:timescalendar@countytimes.net) with the listing details by 12 p.m. on the Monday prior to our Thursday publication.

## Friday, August 14

### Beth Israel Synagogue Shabbat Services Online

7 p.m. - 8 p.m.

Shabbat evening services are being held online due to COVID19. Beginning July 17, 2020 Beth Israel Synagogue will hold online services EVERY FRIDAY at 7PM. Check our website calendar ([bethisraelmd.weebly.com/calendar.html](http://bethisraelmd.weebly.com/calendar.html)) for event details.

### 7th District Optimist Club Crab Cake Dinner

7th District Optimist Club Building; 5 p.m. - 7 p.m.

The menu will be: 2 3oz crab cakes, Parsley potatoes, Corn on the cob, Our fantastic cole slaw, Sliced tomato, Roll & butter. \$19.00 cash, check or credit card

## Saturday, August 15

### Coastal Arts Market

Leonardtown Wharf; 9 a.m. - 3 p.m.

Come shop from a variety of different artists - all items are locally handcrafted and include bath & body products, jewelry, paintings, woodwork, fabric arts, delicious baked goods, & much more!

### LVRSA Annual Everything Sale

Leonardtown Rescue Squad Building; 6 a.m. - noon

Sale will be OUTSIDE. Masks will be required in accordance with current guidelines. Items will include (but are not limited to) Plants, Crafts, Baked Goods, Yard Sale Items, White Elephants, with a Hot Dog vendor on-site. Tables may be rented for \$15.00, Contact Arlene Fenwick at 301-

247-0394. We will pick up your Donations/ White Elephants (No Clothes Please!) or other items you want to donate to the Rescue Squad Auxiliary, Contact Chip Fenwick at 301-247-2418 or Ricky Chesser at 240-298-5310.

## Sunday, August 16

### Family Skate

Leonard Hall Recreation Center; 2 p.m. - 4 p.m.

Come inside to cool off, bring your own skates or pay to rent. Admission is \$5 per person and \$2.50 for skate rental. All entering the facility, must participate and pay the fee. If you are accompanying your child, but not skating, you must still pay and only one adult per child is allowed - no spectators at this time. Social distancing and max capacity limits are being enforced. Reservations are required to attend. You can reserve multiple Sundays through August using our online registration system. Simply choose the date you would like to register and do so for each person in your family who will be attending. If you choose not to show up for your reservation, you forfeit your payment. Refunds will not be issued. All guests will be required to wear a mask while entering and moving through the facility. Masks will not be required while you are roller skating. Additional cleaning and sanitation practices are being implemented to ensure a clean space for your family to enjoy roller skating this summer. Please be sure to bring your own water bottle as water fountains will not be available. Food and vending machines will not be available for use. Consuming

food is prohibited in the facility.

## Tuesday, August 18

### Pesticide Container Recycling Program

Frederick County Landfill; 9 a.m. - 3 p.m.

The Maryland Department of Agriculture (MDA) is sponsoring its summer collection program for empty plastic (HDPE) pesticide containers according to specific guidelines. The nearest location to St. Mary's County that accepts out-of-county pesticide containers will be hosted by the Frederick County Landfill. MDA inspectors will supervise the collection to ensure only triple rinsed or pressure rinsed, clean, plastic HDPE pesticide containers are collected. / For further information, contact the Maryland Department of Agriculture, Pesticide Regulation Section at 410-841-5710 or visit their website at [www.mda.maryland.gov](http://www.mda.maryland.gov). For information on recycling programs in St. Mary's County, please visit our webpage at <https://www.stmarysmd.com/dpw/recycling-solid-waste/>.

## Wednesday, August 19

### Wayback Wednesdays

We hope you're loving our weekly video series showing some of the stories that make St. Mary's County's history so unique and interesting. We thought this would be a fun way to bring our closed museums to you while we all keep our social distance. Join us every week for short videos featuring everything from the quirky to the fascinating - tune in! We have several episodes

in the playlist! [Facebook.com/SCIMuseum](https://www.facebook.com/SCIMuseum)

## Ongoing

### Enchanted Summer

Annamarie Garden and Arts Center; August 1 - September 7

"Frolicking Fairy Fun" - a new event w/ all the best parts of the Fairy & Gnome Home Festival transformed into an amped-up, low-touch/no-touch, multimedia, daily, outdoor experience! Details located on the website at [annmariegarden.org](http://annmariegarden.org)!

### COVID-19 Appointment-Free Testing

Monday - Friday; 8 a.m. - 1 p.m.

The St. Mary's County Health Department is now offering COVID-19 testing at the SMCHD Harm Reduction Program Office, located at 46035 Signature Lane in Lexington Park, MD 20653 (co-located with the U-Haul Moving & Storage of Lexington Park). Community members may walk up for testing, parking is available. If you need assistance or any accommodations, please contact the Harm Reduction Program Office at (301) 862-1680. No prior test order is required.

### St. Mary's Library Summer Reading 2020

Summer Reading for ages 0-99 is virtual this year! Download the Beanstack app or visit [stmalib.beanstack.org](http://stmalib.beanstack.org) to participate. Complete activities to earn badges and entries into our end-of-summer grand prize drawings! If you're unable to use Beanstack, you can download a list of activities on our website and, starting June 22, call us at 301-475-2846 to report your progress.

# ★ ST. MARY'S COUNTY Library

### One Shot Role Playing Game: The Lost Library

Join us online on Friday, August 14 from 6 - 8 p.m. for our first ever Dungeons and Dragons program! Register on [www.stmalib.org](http://www.stmalib.org). You'll use your wits, magic, and might to find the Tome of Epic Magic from within the Lost Library of Luddenburg. Can you face the ghostly librarians, skeletal patrons, and find epic treasure? No experience required, our Dungeon Master will teach you how to play with pre-made characters, with a brief overview of the rules. In order to play, players will be required to make a free Roll20 account ahead of time in order to pick out their character in advance. Microphone required.

### Visions of the Future: Voting, Activism, and Art

Lisa Snowden-McCray will moderate a conversation with Celeste Doaks and Camonghne Felix in this virtual event hosted by Enoch Pratt Free Library on Thursday, August 20 from 7 - 8 p.m. From Shirley Chisholm to Michelle Obama and beyond, black women and politics have been inextricably intertwined. And now, as more minority women enter and win local races, the black female voting block is proving its importance. As we move toward this year's presidential election, how will black women keep their seat at the table and engage with

politics? Please join us for a lively panel with women of color who will discuss their specific involvement with politics through participation, activism, and art. Register on [www.stmalib.org](http://www.stmalib.org).

### Virtual Romance Book Club

Join the Library each month as we discuss a different romance novel. August will be held on Wednesday, August 19 from 7:30 - 8:30 p.m. Register on [www.stmalib.org](http://www.stmalib.org). All books will be available in both eBook and

audio book on Hoopla. August's title is *Forbidden* by Beverly Jenkins.

### Virtual Fairy Tale Retelling Book Club

Accomplish your Summer Reading goals while reading books based in some of your favorite classic tales! Read any Young Adult fairy tale or mythology retelling, and come join us for a fun discussion on Tuesday, August 18 from 3 - 4 p.m. Register on [www.stmalib.org](http://www.stmalib.org), for Tweens & Teens.



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# GAMES & PUZZLES

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**CLUES ACROSS**

- Corrode
- Jean Paul \_\_, author
- Hebrew unit of dry measure
- A type of scientist
- Greek goddess of discord
- For Red Sox MVP
- It checks your speed
- Made dirty
- The First State
- Lodgings
- Spiritual leader
- Bradley Int'l Airport code
- Native American people
- Sharp pain
- Touch
- Slowly disappears
- Indigenous Russian people
- Narrative poem
- Some are bad
- Small quill feathers
- Tattles
- Popular Easter entree
- Beneficiary
- Clothed
- Payroll firm
- Lower Normandy's largest city
- Binary compound of halogen
- The Fighting Irish
- Skilled, paid worker
- Eyelashes
- The 12th letter of the Greek alphabet
- Large, stocky lizard
- Made poisonous
- Former US Secretary of State
- Sticky substances
- A type of gin

- Predilections
- Partial
- Poisonous plant
- Road open
- Atomic #81
- Accomplished American composer
- Oh, God!
- Potato state
- Most melancholic
- Supportive framework
- Hollywood's Pacino
- A title for women
- Popular Grammys alternative
- Check
- Bolivian river
- South Dakota
- Wonderful
- Supervises flying
- Commercial
- More (Spanish)
- Even distribution of weight
- "Arabian Nights" hero
- Compact mass of a substance
- Bachelor of Laws
- Halfback
- Some of it is ground
- They play in the trenches
- Atomic #18
- Chinese Prefecture
- Fabrics
- Being in a direct line of descent from an ancestor
- In slow tempo
- Flood
- Long-necked bird
- Secondary school
- Artificial intelligence
- Structure by the water
- Lather
- What happens there stays there
- A bone
- The Great Lakes State

**CLUES DOWN**

- To return an echo
- Displace
- Japanese religion

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## LAST WEEKS ANSWERS

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A	S	S	U	R	E	S			O	R	N	A	T	E
				L	A	S	H		A	L	A		E	S
					P	A	S	T	E	D		R	E	T
					B	R	E	A	S	T		D	Y	E

8	3	6	5	4	7	2	9	1
2	4	7	8	9	1	6	5	3
5	9	1	3	6	2	4	8	7
1	8	2	7	5	9	3	6	4
7	6	3	4	2	8	9	1	5
9	5	4	6	1	3	7	2	8
6	1	5	2	3	4	8	7	9
4	2	8	9	7	5	1	3	6
3	7	9	1	8	6	5	4	2

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